**Active Lifestyles - pupil voice questions**

The responses to these questions must be provided by a representative group of pupils at your school who have ideally consulted with a wider number of pupils. We are looking for the impact of pupil involvement on the provision that has been provided or is planned. Pupils can complete the form in their own words either typed or handwritten/ illustrated and scanned. The completed document must be uploaded to complete the Active Lifestyles theme, when submitting evidence for an award.

|  |  |
| --- | --- |
| **Pupil Question**  | **Pupil Response**  |
| As pupils how have you been asked how well you think your school is doing in providing information about keeping yourself fit and healthy (having Active Lifestyles) at school?  |  |
| Does your school take part in the Growing up in North Yorkshire survey? | **Yes No**  |
| If yes, how has the data been shared with pupils? What suggestions have pupils made based on the results from the survey in relation to Active Lifestyles? (Please see appendix 1 below for the questions that link to Active Lifestyles in the survey) | **Yes No**  |
| Give an example of what pupils have found helpful at school to encourage you to keep yourself fit and healthy and have an active lifestyle |  |
| Give an example of an action that pupils have chosen for the school to work on around improving active lifestyle choices  |  |
| How are all pupils asked about their enjoyment of PE and how they can be more active at other times during the school day?  |  |
| How have pupils been asked what activities they would like to do in PE, break times and after school clubs and have any changes happened? |  |
| How are Sporting success and Active Lifestyles celebrated in school? |  |

**Active Lifestyles Appendix 1**

The **Growing up in North Yorkshire survey questions** that relate to the Active Lifestyles theme are detailed below. If your school took part in the survey you will have your own school’s report with pupil’s response data. We recommend you look at the data to see what is going well and what could be improved; as well as consulting with pupils on what they feel would make a difference for them.

If your school did not take part in the survey you can still access the County and District reports at <https://cyps.northyorks.gov.uk/children-and-young-peoples-voice>

**Key Stage 1 questions**:

* Questions 12-15 cover physical activity

**Key stage 2 questions**:

* Questions 30-33 cover physical activity
* Question 71 reports what pupils do in their leisure time
* Questions 70 about how useful pupils found a range of lessons including physical activity

**Key stage 3 questions**:

* Questions 63-65 cover physical activity
* Question 27 reports what pupils do in their leisure time
* Questions 26 about how useful pupils found a range of lessons including physical activity

**Special school questions**:

* Question 18 – 19 ask about healthy lifestyles