

PSHE and Wellbeing Training for schools

September 2019 – July 2020

We have been providing a wide range of training to schools; both as centrally run training days and bespoke training to whole staff teams. All the training has received very positive feedback.

To apply for any of the training below please go to North Yorkshire Education Services (NYES) www.nyeducationsservices.co.uk If you are a school or educational setting your school will have been issued with a username and password, which will enable your school to log in and apply for training. If you have any questions or need help using the site call the NYES team on 01609 533 222 Or email nyes@northyorks.gov.uk There is a cost to attend the training.

Attendance at the network meetings is free for Schools with an Education and Skills Service Level Agreement. Training days are 9.30-3.30pm unless otherwise stated.

Primary School Training and Network Opportunities

Primary PSHE, Equalities and Wellbeing Network

Do not miss this opportunity to gain practical insight from schools, networking with the wider North Yorkshire education community, to enhance mutual understanding and develop a community of good practice; to ensure your pupils are able to maximise attainment and achieve their potential.

The standing Agenda is:

- National and Local updates
- Support to implement the statutory requirements of the relationships education and health education guidance which will become statutory for all schools in September 2020
- Input from a North Yorkshire primary school sharing their good practice
 - Strategies to improve teaching and learning and signposting to resources
 - Information and approaches to support effective subject leadership and the development of the PSHE curriculum

2019 Autumn network meeting: 18/11/2019

Course Code: SI-1119-T014

Venue: Pavilions of Harrogate, Great Yorkshire Showground, Harrogate, North Yorkshire, HG2 8NZ

2020 Spring network meeting: 18/03/2020

Course Code: SI-0320-T007

Venue: Pavilions of Harrogate, Great Yorkshire Showground, Harrogate, North Yorkshire, HG2 8NZ

2020 Summer network meeting: 04/06/2020

Course Code: SI-0620-T001

Venue: Ripon Spa Hotel, Park Street, Ripon, North Yorkshire, HG4 2BU

<p>Relationships and Sex Education Training for Primary Schools</p> <p>To support the effective planning and delivery of Relationships and Sex Education (RSE) in a primary school which is becoming statutory for all schools from September 2020</p>	<p>Date: 15/01/2020 Course Code: SI-0120-T002 Venue: Cedar Court Hotel, Park Parade off Knaresborough Road, Harrogate, North Yorkshire, HG1 5AH</p> <p>Date: 10/06/2020 Course Code: SI-0620-T002 Venue: Cedar Court Hotel, Park Parade off Knaresborough Road, Harrogate, North Yorkshire, HG1 5AH</p> <p>Relationships and Sex Education is becoming statutory for all schools in September 2019. The aim of the training is to support primary schools implement an effective RSE curriculum that is LGBT inclusive across the whole school that is based on pupils needs, supported by a RSE policy and delivered by confident staff who are able to teach effective RSE lessons that supports the statutory requirements.</p>
<p>Celebrating Difference: Exploring gender, different families, sexualities (LGB), creating a trans inclusive school and effectively implementing the requirements of the Equality Duty</p> <p>This course is not running as central course but if your school or a cluster of schools would be interested in accessing this training as a twilight session for their staff please contact Clare Barrowman.</p> <p>The NYCC LGBT resource to support professionals who work with children and young people can be accessed at https://cyyps.northyorks.gov.uk/health-wellbeing-pshe</p>	<p>Schools have done a lot to ensure they are inclusive for all pupils but there is still a need to ensure that all schools are preventing homophobic, biphobic and transphobic bullying, providing an inclusive curriculum and ensuring the school is trans and lesbian, gay and bisexual (LGB) inclusive and the school is meeting the requirements of the Equality Duty. This twilight training would provide this support for your school.</p> <p>A recent Ofsted report from a primary school in North Yorkshire has asked the school to ‘ensure that pupils have the opportunity to learn about and understand the different life choices people make, particularly with regard to their sexuality, so that they are fully equipped to live in the modern world and to make choices of their own’.</p>
<p>Being an effective PSHE subject lead in a primary school</p> <p>Supporting Primary PSHE subject leaders to implement a planned PSHE curriculum and raise the quality of PSHE learning in their school focused on the statutory requirements that all schools will be required to deliver from September 2020</p>	<p>Date: 28/11/2019 Course Code: SI-1119-T016 Venue: Ripon Spa Hotel, Park Street, Ripon, North Yorkshire, HG4 2BU</p> <p>Date : 08/07/2020 Course Code: SI-0720-T001 Venue: Pavilions of Harrogate, Great Yorkshire Showground, Harrogate, North Yorkshire, HG2 8NZ</p> <p>This course aims to support PSHE subject leaders in primary schools with planning and delivering high quality PSHE learning in their school. The course will cover:</p> <ul style="list-style-type: none"> • National and local up-dates • Implementing a planned PSHE curriculum

	<ul style="list-style-type: none"> • Effective teaching and learning and signposting to resources • Assessing progress in PSHE
<p>Primary Emotional First Aid Training – this is a two day course and participants have to attend both days to achieve accreditation</p> <p>At the end of the two day course, successful delegates will be recognised and accredited as an “Emotional First Aider” by the Solent NHS Trust.</p>	<p>Date : 22/01/2020 and 29/01/2020 Course Code: SI-0120-T003 Venue: Ripon Spa Hotel, Park Street, Ripon, North Yorkshire, HG4 2BU</p> <p>Emotional First Aid training is about building the understanding, capacity, capability and confidence in professionals who work with primary aged children about a range of influences on a child’s emotional health and to explore some effective strategies that could be implemented to support the children to encourage them to explore and understand their emotions with an emphasis on early intervention. Emotional First Aiders will be able to:</p> <p>Promote positive emotional health and wellbeing</p> <ul style="list-style-type: none"> • Look for early signs of emotional distress and intervene where appropriate • Create a healthy emotional environment with a child • Together with the child, find strategies that help dissipate emotional distress • Have increased knowledge of early warning signs of emotional distress in children, reduce stigma and increase the skill base for the primary emotional first aider
<p>Delivering effective 'Personal Development' in Primary Schools</p> <p>A course for senior and middle leaders in primary schools to look at how they can meet the requirements of the Personal Development judgement in the new Ofsted Framework .</p>	<p>16/01/2020 Ripon Spa Hotel 9.30-3.30pm</p> <p>The course will cover: The new Ofsted Framework around Personal Development, planning, delivering and monitoring SMSC and British Values, and developing character education.</p>
<p>Secondary School Training and Network opportunities</p>	
<p>Secondary PSHE, Equalities and Wellbeing Network</p> <p>Do not miss this opportunity to gain practical insight from professionals and schools, networking with the wider education community, to enhance mutual understanding and develop a community of good practice; to ensure your pupils are able to maximise attainment and achieve their potential.</p>	<p>The networks focus on:</p> <ul style="list-style-type: none"> • National and local Updates • Support to implement the statutory requirements of the Relationships and Sex Education and Health Education guidance which will become statutory for all schools in September 2020 • Sharing of good practice from North Yorkshire secondary school examples • Workshops from a range of providers and schools to support effective delivery of PSHE, Citizenship and Equality aspects • Resources to support effective delivery

	<p>2020 Autumn network meeting: 27/11/2019 Course Code: SI-1119-T015 Venue: Cedar Court Hotel, Park Parade off Knaresborough Road, Harrogate, North Yorkshire, HG1 5AH</p> <p>2020 Spring network meeting: 19/03/2020 Course Code: SI-0320-T008 Venue: Ripon Spa Hotel, Park Street, Ripon, North Yorkshire, HG4 2BU</p> <p>2020 Summer network meeting: 09/07/2020 Course Code: SI-0720-T002 Venue: Ripon Spa Hotel, Park Street, Ripon, North Yorkshire, HG4 2BU</p>
<p>Celebrating Difference: Exploring gender, sexualities (LGB), creating a trans inclusive school and effectively implementing the requirements of the Equality Duty</p> <p>This course is not running as central course but if your school or a cluster of schools would be interested in accessing this training as a twilight session for their staff please contact Clare Barrowman.</p> <p>The NYCC LGBT resource to support professionals who work with children and young people can be accessed at https://cyps.northyorks.gov.uk/health-wellbeing-pshe</p>	<p>Schools have done a lot to ensure they are inclusive for all pupils but there is still a need to ensure that all schools are preventing homophobic, biphobic and transphobic bullying, providing an inclusive curriculum and ensuring the school is trans and lesbian, gay and bisexual (LGB) inclusive and the school is meeting the requirements of the Equality Duty. This twilight training would provide this support for your school.</p> <p>A recent Ofsted report from a school in North Yorkshire has asked the school to ‘ensure that pupils have the opportunity to learn about and understand the different life choices people make, particularly with regard to their sexuality, so that they are fully equipped to live in the modern world and to make choices of their own’.</p>
<p>Cross phase training opportunities</p>	
<p>Online safety in schools and settings: meeting your statutory safeguarding duties</p> <p>Cross Phase</p> <p>The course is aimed at Designated Safeguarding Leads (DSL), Internet Safety leads, PSHE curriculum leads and pastoral leaders in schools and settings</p>	<p>Date: 13/02/2020 Course Code: SI-0220-T002 Venue: Pavilions of Harrogate, Great Yorkshire Showground, Harrogate, North Yorkshire, HG2 8NZ</p> <p>The use of technology has become a significant component of many safeguarding issues. The course will address the statutory requirements around online safety from ‘Keeping Children Safe in Education’ and the Prevent Duty.</p> <p>The topics covered include:</p> <ul style="list-style-type: none"> • What are the risks around being online for the whole school community? • Introduction to NYCC Education and Skills guidance doc • What can the impact be on pupils? • What are the duties and responsibilities of schools? • Personal online safety for staff

	<ul style="list-style-type: none"> • Policies • Working in partnership with parents? • Signposting to resources and curriculum materials
<p>How to build a positive school culture and climate and support a whole school approach to mental wellbeing</p> <p>Cross Phase</p> <p>Research has shown that when school members feel safe, valued, cared for, engaged, and respected, learning measurably increases, and staff satisfaction and retention are enhanced. This course will explore how a school can ensure they have a positive school culture that you can see and feel and supports a whole school approach to mental wellbeing and anti-bullying.</p>	<p>Date: 09/03/2020 Course Code: SI-0320-T006 Venue: Ripon Community House, 75 Allhallowgate, Ripon. HG4 1LE</p> <p>As a result of attending, delegates should:</p> <ul style="list-style-type: none"> • Be up to date on national and local evidence base practice for supporting a school implement a positive culture and climate and a whole school approach to mental wellbeing • Be able to review and implement an effective practice using a range of tools e.g anti-bullying toolkit, North Yorkshire Hate Crime guidance for schools, Dfe toolkit for implementing a respectful climate in a school • Explore a range of strategies to engage the whole school community • Explore and signpost to a range of curriculum resources to support the delivery to pupils on these important aspects • Understand what a school needs to implement to meet its equalities duties
<p>Leading Careers Guidance: Delivering Gatsby 4- Linking curriculum learning to careers (include LMI)</p> <p>One of the most difficult challenges in careers guidance is effectively linking careers guidance to the curriculum. Using examples, activities and planning tools, you will understand how Gatsby 4 can be successfully delivered in your school.</p>	<p>05/11/2019</p> <p>This course will share examples of linked curriculum themes, integration of Labour Market Information and shared planning examples for leading you school to successfully meet Gatsby Benchmark 4.</p>

Safeguarding

The following cross-phase training events are available to up-date headteachers, Designated Safeguarding Leads and Governors about any safeguarding developments. Venues are to be confirmed.

Title of event	Date	District	Leads
<p>Prevent Updates, 2-4pm</p> <p>This training can also be booked by schools as a twilight whole staff training session.</p>	<p>14/10/2019</p> <p>04/03/2019</p>	<p>Ripon Spa Hotel, Ripon</p> <p>Evolution Business Centre, Northallerton</p>	<p>Rebecca Swift</p>

Safeguarding termly network meetings for Headteachers and Designated Safeguarding Leads 9.30-12.30	25/09/2019	Craven	Katharine Bruce Lead Adviser Vulnerable Learners Susan Crawford LADO Manager
	30/09/2019	Harrogate	
	01/10/2019	Scarborough	
	03/10/2019	Selby	
	04/10/2019	Hambleton	
Safeguarding Training for School Governors 9.30-12.00	09/10/2019	Harrogate	Katharine Bruce Lead Adviser Vulnerable Learners
	24/10/2019	Scarborough	Stuart Boothman Lead Adviser Governance
Raising Achievement of Disadvantaged Learners – termly workshops for Senior Leaders with responsibility for Pupil Premium in primary and secondary schools 4-6pm	13/11/2019	Harrogate	Katharine Bruce Lead Adviser Vulnerable Learners Julie Bunn Head of the Virtual School
	14/11/2019	Hambleton	
	18/11/2019	Craven	
	19/11/2019	Selby	
	21/11/2019	Scarborough	
Maximising the Impact of the Pupil Premium – 3 day Professional Development Programme 9.30-4pm	26/11/2019 19/03/2020 09/06/2020	Harrogate	Katharine Bruce Lead Adviser Vulnerable Learners Marc Rowland Research School Associate
Safeguarding Training for School Governors 9.30-12.00	03/12/2019	Selby	Katharine Bruce Lead Adviser Vulnerable Learners
	15/01/2020	Hambleton	Stuart Boothman Lead Adviser Governance
	10/02/2020	Craven	

School based support

We are providing a wide range of bespoke staff training and some can be accompanied by a parents/ carers session. Any schools who may be interested in any of the listed aspects should contact members of the Vulnerable Learners Team in the first instance for more information (contact details at the end of this newsletter).

- On-line safety (e-safety) for staff and parents/ carers
- Prevent Updates
- Relationships and Sex Education for staff and parents / carers

- Creating an inclusive school – Celebrating different families, tackling homophobia, biphobic and transphobic language and bullying and supporting lesbian, gay, bisexual and transgender pupils
- Spiritual, Moral, Social Cultural (SMSC) Provision / British Values
- Personal Development
- Equalities Training
- Student voice
- PSHE (generic or focused on a topic e.g relationships and sex education, drugs and alcohol etc)
- Health and Wellbeing / North Yorkshire Health and Wellbeing award

Resources

Key resources are located either on the CYPS website <http://cyps.northyorks.gov.uk/> or in the resources section of the North Yorkshire Education Services (NYES) website www.nyeducationsservices.co.uk

North Yorkshire PSHE and Citizenship Guidance for schools is available at <http://cyps.northyorks.gov.uk/health-wellbeing-pshe> along with guidance documents to support effective development of Relationships and Sex Education, Substance misuse etc.

Support and information on Equalities including the NYCC guidance on LGBT for professionals who work with children and young people is available at <http://cyps.northyorks.gov.uk/equalities-and-diversity>

Keeping in touch

Contact Details for the Vulnerable Learners Team:		
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