

Dear colleague,

Re: Wellbeing for Education Return....bookings are now LIVE!

North Yorkshire County Council and Compass BUZZ have teamed up to deliver the **NEW free Government Wellbeing for Education Return programme** from 5th October 2020.




Places can be booked [HERE](#) for the virtual sessions, running throughout October and November.

The package can be booked across two shorter sessions or as one half day. There are only 30 places available for each session, so book early to secure your preferred dates.





As a reminder, each North Yorkshire school can send up to 2 members of staff, with the training aimed at senior leaders and mental health leads.

The [Wellbeing for Education Return programme](#) has been created with input from health partners, mental health experts, local authorities, and schools and colleges.

The programme will support school and college staff to:

-  Reflect on **an effective whole school approach to wellbeing**
-  **Respond to additional pressures** some children and young people may be feeling **as a direct result of the pandemic**
-  **Respond to any emotional response's children, young people** or teachers may still be experiencing **from bereavement, stress, trauma or anxiety** over recent months.

Through the sessions you will:

-  Understand the importance of a **whole school approach** to wellbeing
-  Understand the **range of reactions** children and young people may have
-  Gain **confidence in supporting pupils**
-  Know how and where to **access appropriate support**

Don't forget to book for your school [HERE](#).

This training aims to enhance, build and cement the training provided by Compass BUZZ.

Please share this invitation with any colleagues or peers who would benefit from attending.

If you have any questions, please contact us at NYWER@COMPASS-UK.ORG

Many thanks, Compass BUZZ