

# ASK Suicide Prevention training specifically addresses suicide risk in children and young people aged 5-15

Data is showing that suicide behaviour is increasing among young children and that suicide thoughts in childhood can increase suicide risk in adolescence. This training opportunity is aimed at staff who work in North Yorkshire schools and support pupils.

For schools in North Yorkshire there is one free place available on this training. If the demand is higher than the number of places then priority will initially be given to staff from schools / PRUS with secondary aged pupils.

#### Outline

The ASK Suicide Prevention training specifically addresses suicide risk in children and young people aged 5-15 and gives participants developmentally appropriate strategies and tools to identify children and young people at risk of suicide and quickly gather and organise key details needed to assess risk and inform safety planning.

## **Description**

The training is provided by an accredited ASK suicide prevention trainer who will be provided with the delegates name and email contact to ensure delegates can access the pre-learning modules and the online training sessions.

### Delegates will:

- Learn about the risk factors and warning flags signalling that a child may be at risk of suicide.
- How a child's death understanding is related to suicide risk.
- What research tells us about a child's risk and protective factors.
- Practice using an evidence based brief screening tool that anyone can use to match a child who needs support or help to the most appropriate helper.
- How to organise what you know about a child to inform planning for immediate safety and longer-term support.
- How to overcome challenges and partner with parents and other professionals.
- Learn from an experienced facilitator using current practice from clinical practice and published research.

## The training consists of:

 Two self-paced learning modules that must be completed before the online training and will take about an hour in total, including a quiz that helps consolidate the learning in preparation for the two interactive online training sessions

- Attend two online training sessions, over two consecutive days which will be a
  mixture of video case studies, facilitator guided simulations, small group
  discussions, and opportunities to apply your new knowledge using helpful
  tools and resources.
- Upon completion of all components, participants receive a certificate and a pocket reference card.

## **Booking Information**

The online training sessions will run from 9:00am – 13:30pm and attendance is required on both days but please log on 15 minutes before the start of the training so you can resolve any audio or video problems.

The following options are available and attendance is required on both days

Date (attendance at both is required)	Course code
Thursday 3 <sup>rd</sup> <b>February</b> 2022 and Friday 4 <sup>th</sup> February 2022	SI-0222-T001
Wednesday 2 <sup>nd</sup> and Thursday 3 <sup>rd</sup> March 2022	SI-0322-T042
Thursday 31st <b>March</b> and Thursday 1st April 2022	SI-0322-T043
Wednesday 6 <sup>th</sup> <b>July</b> and Thursday 7 <sup>th</sup> July 2022	SI-0722-T008

To book onto the training below please go to North Yorkshire Education Services (NYES) <a href="http://www.nyestraining.co.uk/">http://www.nyestraining.co.uk/</a> As a North Yorkshire school or educational setting your school will have been issued with a username and password, which will enable your school to log in and apply for training.

Please ensure that it is the DELEGATE information that is booked – if not then please input the name of the delegate and their email address to ensure that the instructions for the course and any pre-course information is then available for the delegate.

Please note that this course is run by ASK Suicide Prevention and NOT School Improvement - your details will be passed to the accredited trainer for the session to include contact name and email details so all course information can be sent from the trainer for the course to the delegates.

For schools in North Yorkshire there is one free place available on this training. If the demand is higher than the number of places then priority will initially be given to staff from schools / PRUS with secondary aged pupils.

The pre learning modules and attendance at both online training sessions are required by the same member of staff to attend. Failure to attend will result in a charge of £80 been made to cover the cost of the place.

Please note that there is a deadline for bookings which is 7 working days prior to the event.

If you have any questions or problems joining the meeting, please call 01609 798864 or email schoolimprovementservice@northyorks.gov.uk