



Poverty Guide for Schools

Resources for Schools, Families and Children and Young People 2026

Videos to help understand poverty

A series of short, animated videos on child poverty – Scotland-focused but still informative (Public Health Scotland Learning and Development):

[Why focus on child poverty?](#)

[Child poverty and stigma](#)

[The consequences of child poverty](#)

[Drivers of child poverty](#)

[Taking action to address child poverty](#)

Further videos about child poverty

BBC Children in Needs video (2:21 mins): [Real stories of poverty told by children from BBC Children in Need funded projects](#)

The Children's Society video (2 minutes): [Effect on children growing up in poverty - YouTube](#)

Training, learning and webinars:

[Child Poverty | Virtual College](#) 1-2 hours, £30 ppn

Royal College of Paediatrics and Child Health free webinar (50 minutes): [RCPCH Webinar: Understanding Childhood Poverty - RCPCH Learning](#) (webinar delivered by Children North East – 2nd half has a focus on poverty proofing in health settings)

Child Poverty Action Group e-learning (free account available – login required): [Home | CPAG eLearning](#)

Further resources and information:

Child Poverty Action Group website: [CPAG | We are the trusted voice on child poverty](#)

Children North East website: [Poverty Proofing© Services - Children North East](#)

Period poverty scheme for schools: providing free period products: [Period product scheme for schools and colleges - GOV.UK](#)

Bed poverty information: [Homepage - Zarach](#)

For details of Trussel Trust food banks: <https://www.trusselltrust.org/get-help/find-a-foodbank>

[Government help with cost of childcare](#)

North Yorkshire specific information and support:

[Healthy Start Scheme](#) and Healthy Start Vitamins . People may be eligible for the Healthy Start scheme if they are more than 10 weeks pregnant or have a child or children under the age of four. Through the scheme they will get a pre-paid card which will be topped up with money every four weeks to go towards food and milk.

Information on how to access wider financial support [Cost of living support | North Yorkshire Council](#)

North Yorkshire Citizens Advice and Law Centre: [North Yorkshire Citizens Advice & Law Centre](#)

Mental health support: [The Go-To - Emotional wellbeing and mental health](#)

Family food leaflet – Helping North Yorkshire Families to access healthy food: [leaflet-Family-Food.pdf](#)

Resources for Schools and children and Young People

Please watch and review any materials before using with pupils

[Financial education](#): Free personal finance help for children with signposting to a range of resources

[BBC KS1 / KS2 PSHE: Financial education short videos](#)

[Children's Books Featuring Poverty and Homelessness](#)

Linked to the [UN Sustainable Development Goals](#) a range of books to support:

- [Zero Hunger](#)
- [No Poverty](#)