



# ACTIVE SKILLS FOR LIFE



**GIVING EVERY CHILD THE OPPORTUNITY TO EXPERIENCE SWIM, BIKE AND RUN!**

Become an Active Skills for Life Franchise owner to gain access to all the resources and training you need to deliver fun and rewarding Activity Skills for Life sessions in schools and the local community to enable more children to experience swim, bike and run.

**POWERED BY**









**BRITISH TRIATHLON**

## WHAT IS ACTIVE SKILLS FOR LIFE?

Active Skills for Life makes the world of swim, bike and run accessible and rewarding for children. With a focus on developing children's physical confidence by learning through play and giving every child the opportunity to try something new and exciting.

## WHAT'S INCLUDED?

The Active Skills for Life Franchise includes exclusive access to a suite of resources including:

-  Access to the Active Skills for Life Award, our training course for coaches
-  The Active Skills for Life Activity Pack containing Swim, Bike, Run and Transition Activity Cards
-  Activity Skills for Life Playbook including medium term plans, competition frameworks and adaptations for children with SEND
-  Skills videos to support your sessions
-  Achievement cards and stickers for all children
-  Branded media packs to promote your session

## WHO CAN JOIN?

### Active Skills for Life Franchise

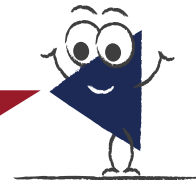
- Delivering in 20 or under locations
- Train 8 staff members per year
- **£600 yearly subscription (+VAT)**

### Active Skills for Life Franchise +

- Delivering in 21+ locations
- Train up to 16 staff per year
- **£950 yearly subscription (+VAT)**



**SCAN THE QR  
CODE TO FIND  
OUT MORE.**



**[www.britishtriathlon.org/active-skills-for-life](http://www.britishtriathlon.org/active-skills-for-life)**  
**Or get in touch via email:**  
**[activeskillsforlife@britishtriathlon.org](mailto:activeskillsforlife@britishtriathlon.org)**