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**Renewing the Gold Award**

**North Yorkshire &York Healthy Schools**

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| **Please insert your school name and address into this box** |

Your school will have already achieved the North Yorkshire & York Gold award for Active Lives, Emotional Health & Wellbeing, Food in Schools, PSHE and Staff Wellbeing.

This action plan is for schools that need to renew their Gold Healthy Schools Award as it is three years since your school was awarded.

The aim of this renewal is to support schools to maintain their commitment to a whole school approach to health and wellbeing. The renewal consists of sustaining the criteria for the four themes of the Healthy Schools Award alongside some new focused elements for each theme and uploading some supporting evidence. As well as on the ongoing commitment to staff wellbeing.

Once the action plan is complete, please submit for the Gold Renewal award via the healthy school website:

* Log onto <https://healthyschoolsnorthyorks.org/> and sign in with your school username and password
* Once all criteria have been achieved, please work through the Gold Renewal section online, uploading evidence where required.
* Finally upload your completed action plan and supporting photographs. Please can all photographs be copied either into a word document or this action plan along with a short summary of what the photograph is showing.
* Then complete a short online survey, essential feedback for our funders. Your evidence will then be submitted for assessment towards an award and go through the quality assurance process.
* The submission dates for the academic year are available via the [Healthy Schools website](https://healthyschoolsnorthyorks.org/submission-dates-for-schools/)
* Any issues, questions or support needed please contact us healthyschools@northyorks.gov.uk

**Active Lives**

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| As a school we have maintained all the criteria for the Active Lives theme for the Healthy Schools Award |  |
| **PRIMARY*** Our PE premium reporting is up to date and published online
* We provide different opportunities throughout the school day for pupils to be active eg active learning, breaktime activities, Forest Schools/ outdoor learning.
* Our extra-curricular activities include a wide range of opportunities for all
* We encourage active travel to school – with adequate cycle and scooter parking, cycle proficiency training etc

**SECONDARY*** Our extra-curricular activities include a wide range of opportunities for all
* We encourage active travel to school – with adequate cycle parking, promotion of local bus and train services
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| **Please write in this section how your school is meeting the requirements set out for this theme this could include a photograph within the action plan of some provision and information about what the photograph is showing.**  |
| **Additional evidence to be uploaded with the action plan via the healthy schools website :** **PRIMARIES**: please attach latest sports premium report link to your application or include the webpage from your school website where it can be accessed **ALL**: Please attach current physical activity clubs schedule to your application  |

**Emotional Health and Wellbeing (EHWB)**

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| As a school we have maintained all the criteria for the EHWB theme for the Healthy Schools Award |  |
| Please provide evidence on * If the school has accessed the [Senior Mental Health Lead Training](https://www.gov.uk/guidance/senior-mental-health-lead-training) funded by the DfE what has been implemented due to accessing the training to improve the whole school approach to emotional health and wellbeing.
* How the school has actively engaged with pupils around EHWB and provided pupils with an opportunity to lead some of the work on wellbeing within the school. This could be through pupil well-being ambassadors, anti-bullying ambassadors, pupils leading assemblies focused on wellbeing.
* Explicit examples of how pupils have been asked what is working well for them in relation to EHWB and what could be improved, and evidence of what improvements have been implemented from pupils responses.
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| **Please write in this section how your school is meeting the requirements set out for this theme this could include a photograph within the action plan of some provision and information about what the photograph is showing.**  |
| **Additional evidence to be uploaded with the action plan via the healthy schools website:** * Examples of how pupils have been engaged and led some of the provision to support emotional health and wellbeing this could be through photographs within the action plan or in a word document with information about what the photograph is showing, pupil feedback survey or the pupils writing up what they have done in school.
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**Food in schools**

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| As a school we have maintained all the criteria for the Food in Schools theme for the Healthy Schools Award |  |
| * We have continued to meet mandatory national school food standards with our school meals, monitoring uptake and consulting with pupils to reduce food waste.
* We continue to promote healthy packed lunches to parents and carers along with water in water bottles and healthy breaktime snacks.
* Our approach to healthy school food is maintained through updating a whole school ‘Healthy Eating statement’ or food policy published on the school’s website
* We monitor and promote uptake of free school meals.
* Secondary schools – consider rollover of free school meal allowance for free school meal pupils
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| **Please write in this section how your school is meeting the requirements set out for this theme this could include a photograph within the action plan of some provision and information about what the photograph is showing.**  |
| **Additional evidence to be uploaded with the action plan via the healthy schools website:** * Please attach current menu
* Please attach or provide a weblink to the school website for either a whole school ‘Healthy Eating statement’ or a whole school food policy
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**Personal, Social, Health Education**

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| As a school we have maintained all the criteria for the PSHE theme of the Healthy Schools Award  |   |
| * The school is effectively delivering a planned PSHE curriculum that meets the statutory relationships, sex and health education requirements, the contextual safeguarding issues within the area and pupils needs.
* The schools is effectively quality assuring the planned PSHE provision to ensure the curriculum is being taught and pupils are learning from the planned curriculum.
* The school has maintained a Relationships and Sex Education Policy that reflects the statutory guidance and the provision in school
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| **Please write in this section how your school is meeting the requirements set out for this theme this could include a photograph within the action plan of some provision and information about what the photograph is showing.**  |
| **Additional evidence to be uploaded with the action plan via the healthy schools website:** * Please add a link in here to the schools planned PSHE curriculum that is accessible via the school website.
* Please provide evidence of the quality assurance process so this may include records of lesson walk throughs, book scrutiny’s, example of completed pupil assessment and pupil voice feedback focused on the pupils learning from the PSHE curriculum
* Please upload or provide a link on the school website to the schools Relationships and Sex Education Policy
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**Staff Wellbeing**

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| As a school we have maintained all the criteria for the Staff Wellbeing theme of the Healthy Schools Award  |   |
| The school regular monitors staff wellbeing and responds to any emerging issues. Any further examples on how the school continues to successfully support staff wellbeing. This could include a photograph within the action plan of some provision and information about what the photograph is showing. |
| Please provide evidence with the action plan of how the school regular monitors staff wellbeing and how the school has responded to any emerging issues from staff feedback and any other ways the school has supported staff wellbeing. There is no requirement to upload any additional information for staff wellbeing.  |

**Through doing this self - evaluation for the renewal of the Gold Health schools award have you identified any other aspects of health and wellbeing that will be some next steps for your school?**

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If your school has completed the Gold Renewal Award, please be aware we do also have a Platinum Award for schools who would like to continue developing their whole school approach to health and wellbeing. This award consists of the school self-identifying what their focus will be and working on an agreed action plan for a minimum of an academic year to improve an aspect of health

and wellbeing. More information about the Platinum Award can be accessed via the [healthy schools website](https://healthyschoolsnorthyorks.org/) or please get in contact with the team via email healthyschools@northyorks.gov.uk