



Healthy Schools Training

Academic Year 2025-2026

The Healthy Schools Training and Awards are free for all North Yorkshire & York schools, this includes academies.

To apply for any of the training below please go to North Yorkshire Education Services (NYES) <https://nyes.info/>. If you have any questions or need help using the site call the NYES team on 01609 533 222 Or email nyes@northyorks.gov.uk

If you have any questions or would like to discuss any aspects, please contact the Healthy Schools Programme please email healthyschools@northyorks.gov.uk



The North Yorkshire & York Healthy Schools Programme The North Yorkshire & York Healthy Schools Programme goes from strength to strength each academic year. 80% of schools in North Yorkshire have registered with the programme and 161 schools have achieved an award.. **The Programme is free for all maintained and academy schools in North Yorkshire & York**

The Healthy Schools Programme enables school to audit and evidence their practice against best practice to improve the health and wellbeing of the whole school community across four key themes alongside staff wellbeing. **Schools can work on the themes in any order and is an excellent way to showcase the good practice the school is delivering to support the Personal Development provision.**

- Active Lives
- Food in Schools
- PSHE
- Emotional Health and Wellbeing
- Plus staff wellbeing for the Silver Award

Schools work towards Bronze; one theme, Silver; two themes plus staff wellbeing and Gold being the final two themes. Schools who have achieved the Gold Award can now work towards the Gold Renewal Award (after holding Gold for three years) and a Platinum award.

For schools that have registered with the award and need a quick refresh of how to submit for an award we now have some **‘Applying for an award guidance’** available when you **log in sign into your school account under each theme section.**

We really recommend that schools attend the FREE ‘Getting Started Training’ to enable a successful submission for a Healthy Schools award. This training is aimed at schools newly signed up to the programme or schools that have previously registered but need a re-fresh of how to achieve an award. Please book all training via <https://nyes.info/>

Getting Started on the Healthy Schools Programme All training runs online 3:45-5pm via TEAMS	
Thursday 27 th November 2025	Course Code: SI-OM-1125-T003
Tuesday 3 rd February 2026	Course Code: SI-OM-0226-T003
Wednesday 13 th May 2026	Course Code: SI-OM-0526-T001

More information about the Healthy Schools Award is available via the website <https://healthyschoolsnorthyorks.org/> and this is where new schools can register for the award. Schools can get in touch at any time to ask for support at healthyschools@northyorks.gov.uk



Congratulations to the increasing number of schools who have achieved the Gold Renewal Award (after holding the Gold award for three years) and the Platinum Award

Coppice Valley Primary School and Oatlands Infant School are the first schools to achieve the Platinum Award where schools choose their own health and wellbeing priority to focus on. Coppice Valley had a focus on online safety for the whole school community and Oatlands Infant School focused on Being Active especially around increasing the whole school's communities use of bikes.

New Sections on the [Healthy Schools Website](#)



North Yorkshire &
York Healthy Schools
North Yorkshire Healthy Early Years

[Home](#) ▾

[Child Health Support](#) ▾

[Climate Change](#)

[Early Years Pages](#)

[Family Pages](#)

[Schools Pages](#) 🔍



[Climate Action Plan](#)



[Growing up in North Yorkshire Survey](#)



[Action on Poverty](#)

Schools can now gain recognition through a logo and certificate for their Climate Change Action plan and Action on Poverty. Further information is available via the [Healthy Schools Website](#) and by attending the Climate Action Plan - Follow Up Session running on the 8th October 2025 and the free Action in Poverty Training (see below for further information).



[Action on Poverty](#)

Free Online Briefing on the 'Action on Poverty Guidance for North Yorkshire Schools' to support schools mitigate the impact of poverty within their school environment

Tuesday 14th October 10-11am course code: SI-1025-T003

Tuesday 11th November 4-5pm course code: SI-1125-T002

The briefing will give an overview of the Action on Poverty guide for North Yorkshire Schools that provides an approach that schools can take to consider every part of school life that may place barriers in the way of children's participation and learning, pose income-related exclusion and stigma or put pressure on low-income families.

It includes assessment tools and examples of practical actions that schools can take to mitigate the impact of poverty within their school environment and improve the school experience for all pupils.

Information will be provided on the free Action on Poverty certification process for schools through engaging with the self-assessment tools



Climate Action Plan - Follow Up Session (FREE for all schools)

Wednesday 8th October 2025 online via TEAMS 15:45 - 17:00

This is a follow up session for school's who attended Climate Action Planning sessions last school year or for new schools who want to find out more about how to create a plan for their school.

This is to support your school with the DfE requirement for all schools to nominate a Climate lead and to complete a Climate Action plan by the end of December 2025. [Sustainability leadership and climate action plans in education - GOV.UK](#).

Outcomes

- Find out more about the DfE national programmes: Let's Go Zero, Climate Ambassadors and the National Education Nature Park.
- Find out about resources and support for your school to take action on tackling climate change
- Hear about some good practice examples and case studies from other schools
- Share ideas for completing your own school climate action plan and see some completed examples from other schools.
- Discover how to upload your action plan to the North Yorkshire & York Healthy Schools website in order to gain a badge and certificate for creating a Climate Action Plan.

Primary & Secondary School Food Webinar



Online: Thursday October 16th between 1.15-2.45pm, course code: SI-1025-T009

Audience: headteachers, school business managers, governors, catering staff, lead for school food.

This FREE webinar is suitable for both primary and secondary schools. Join colleagues from Public Health and catering for an update on:

- National School Food Standards and allergen information
- Free school meal autoenrollment programme

- Breakfast clubs
- Ideas for encouraging healthy packed lunches
- Healthy Schools food theme
- Rethink Food secondary transition resource around food and healthy choices
- School food pantry pilot overview
- FEAST holiday club programme

Please note this webinar will be recorded but in order to receive the recording please still book a place.

Please book places on all training via <https://nyes.info/>

Healthy Schools Website –The following pages are open access for any school in North Yorkshire & York

- There is a **RESOURCE section** for each of the themes and signposts to a wealth of curriculum resources and supporting resources for staff
- **TRAINING & EVENTS section** signposts to a range of e-learning to support the healthy schools themes as well as North Yorkshire & York specific training from a range of organisations
- **CHILD HEALTH Support pages** signpost to a wide range of supporting information for all professionals (and parents/carers) to support with children and young people's health e.g. sleep clinic information
- **FAMILY PAGES** signpost to a range of supporting information to support parents e.g. the healthy pack lunch leaflet
- We have also updated the good practice examples under each theme to share completed theme action plans from other schools and examples of what other schools have been achieving in relation to the four themes.