



# Healthy Schools Training Dates & Events

## Spring & Summer Term 2025

To apply for any of the training or events below please go to North Yorkshire Education Services (NYES) <https://nyes.info/>. If you have any questions or need help using the site call the NYES team on 01609 533 222 Or email [nyes@northyorks.gov.uk](mailto:nyes@northyorks.gov.uk)

If you have any questions or would like to discuss any aspects, please contact Clare & Ruth (Healthy School Programme Managers) via the Healthy Schools email [healthyschools@northyorks.gov.uk](mailto:healthyschools@northyorks.gov.uk)

Please visit the [NYES website](https://nyes.info/) for further information about the support and bespoke training that can be provided by Clare Barrowman, Senior Health and Wellbeing Adviser for all schools focused on PSHE and Personal Development.



### The North Yorkshire & York Healthy Schools Programme

The North Yorkshire & York Healthy Schools Programme goes from strength to strength each academic year. 80% of schools in North Yorkshire have registered with the programme and 159 schools have achieved an award.. **The Programme is free for all maintained and academy schools in North Yorkshire & York**

The Healthy Schools Programme enables school to audit and evidence their practice against best practice to improve the health and wellbeing of the whole school community across four key themes alongside staff wellbeing. Schools can work on the themes in any order and is an excellent way to showcase the good practice the school is delivering to support the Personal Development provision.

- Active Lives
- Food in Schools
- PSHE
- Emotional Health and Wellbeing

Schools work towards Bronze; one theme, Silver; two themes plus staff wellbeing and Gold being the final two themes.

More information about the Healthy Schools Award is available via the website <https://healthyschoolsnorthyorks.org/> and this is where new schools can register for the award.

**We really recommend that schools attend the FREE 'Getting Started Training' to enable a successful submission for a Healthy Schools award.** This training is aimed at schools newly signed up to the programme or schools that have previously registered but need a re-fresh of how to achieve an award. Schools can get in touch at any time to ask for support at [healthyschools@northyorks.gov.uk](mailto:healthyschools@northyorks.gov.uk)

<b>Getting Started on the Healthy Schools Programme</b> All training runs online	
Thursday 27 <sup>th</sup> March 2025, 3:45-4.45pm	Course Code: SI-0325-T030
Thursday 12 <sup>th</sup> June 2025, 3:45-4.45pm	Course Code: SI-0625-T018

Please book all training via <https://nyes.info/>

**Healthy Schools Website – Have you checked it out yet? The following pages are open access for any school in North Yorkshire & York**

- There is a **RESOURCE section** for each of the themes and signposts to a wealth of curriculum resources and supporting resources for staff
- **TRAINING & EVENTS section** signposts to a range of e-learning to support the healthy schools themes as well as North Yorkshire & York specific training from a range of organisations
- **CHILD HEALTH Support pages** signpost to a wide range of supporting information for all professionals (and parents/carers) to support with children and young people's health e.g. sleep clinic information
- **FAMILY PAGES** signpost to a range of supporting information to support parents e.g. the healthy pack lunch leaflet
- We have also updated the good practice examples under each theme to share completed theme action plans from other schools and examples of what other schools have been achieving in relation to the four themes.



**FREE Schools Climate Action Planning event for North Yorkshire school staff**

**27<sup>th</sup> February 2025 12.15-4pm**

Allerton Park Visitor Centre, Knaresborough, North Yorkshire HG5 0SD

Course Code: SI-0225-T014

**Arrivals from 12.15 with FREE lunch provided** and a marketplace of stall holders who support climate change work with schools available to browse. Session runs 1pm-4pm followed by an optional tour of the waste recovery facility 4-5pm.

This session, delivered in conjunction with the University of Leeds who are the DfE regional support hub for climate action plans, will be **launching information and support around the Depart for Education's requirement for all schools to have Climate Action Plans and a nominated Climate Action lead.**

Partner organisations will present around:

- How to develop your own school Climate Action Plan
- The National Nature park
- Climate Ambassadors programme

**Please book via NYES using course code:** SI-0225-T014

Book your school's free place ASAP and no later than Friday 14th February 2025. Initially one delegate/ school as numbers are limited, however if you would like extra places should they be available please indicate this in the notes section when booking your place and we will let you know.

NB We will adding information around climate change to the Healthy Schools website this term, look out for new pages highlighting free resources and support.



**FREE Pupil Healthy Schools and Celebration Event for Primary Schools**  
**18<sup>th</sup> June 2025 10am -2pm**

Harlow Carr Education Centre, RHS Harlow Carr gardens, Harrogate HG3 1QB  
Course code: SI-0625-T020

The annual summer celebration event is open to all Healthy Schools to attend for pupils to take part in a variety of interactive workshops around the Healthy Schools themes.

The summer celebration event is open to all Healthy Schools to attend to take part in a variety of interactive workshops around the Healthy Schools themes. You will also have time over lunchtime to explore the beautiful gardens at RHS Harlow Carr. Schools who have achieved a Healthy Schools award this academic year will be officially presented with their certificates.

Please clearly state in the notes when booking how many staff and pupils and which year groups you will be bringing.

Places are limited so priority will be given to schools who have achieved a healthy schools award this year and then on a first booked basis.

Any queries please contact: [healthyschools@northyorks.gov.uk](mailto:healthyschools@northyorks.gov.uk)