



## **North Yorkshire & York Healthy Schools Pupil Event Monday 27<sup>th</sup> November 2023**

East Barnby Outdoor Education Centre, East Barnby, Whitby, YO21 3SA  
10am-2pm

Course Code: SI-1123-T014 (book via <https://nyes.info/>)

Free for all North Yorkshire & York schools

Aimed at Key Stage 2 pupils, up to 10 pupils per school

Schools who have recently achieved a Healthy Schools Award will be presented with their certificate

This event is open to all North Yorkshire & York schools who are registered with the Healthy Schools Programme and wherever the school is on their Healthy Schools Journey (just starting out to achieved Gold).

Pupils will engage in four interactive workshops focused on:

- Good Oral Health
- Healthy Eating with NYES Catering and learning about reducing food waste with North Yorkshire Rotters and their popular smoothie bike
- Mental Wellbeing with Compass Phoenix
- Forest schools with East Barnby

Please come appropriately dressed for the weather as the Forest School Workshop will be outside and everyone needs to bring a packed lunch with them.

Any questions please contact the team on [healthyschools@northyorks.gov.uk](mailto:healthyschools@northyorks.gov.uk)