



**Platinum Award Action Plan**  
**North Yorkshire & York Healthy Schools**

**Oatlands Infant School, Hookstone Road, Harrogate, North Yorks, HG2 8BT**

As a school you can choose to go for the Healthy Schools Platinum award if your school has achieved the Gold Healthy Schools Award.

If it is three years since the school achieved the Gold Award then the school does need to complete the Healthy Schools Gold Renewal Action Plan alongside submitting the platinum identified health priority for the school. If it is under three years since the school achieved the Gold Award only the platinum identified health priority needs to be submitted.

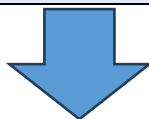
To achieve Platinum, your school needs to identify a health and wellbeing priority and develop new actions to target this. We recommend this priority is part of your School Development Plan. Example priorities might include a focus on supporting pupils to develop their emotional resilience, increasing the amount of physical activity that pupils engage in during the school day, putting in place new measures to encourage healthy packed lunches, reducing bullying and negative behaviours or ensuring that pupils are learning effectively from the planned PSHE curriculum.

**Platinum Award Process**

- **Undertake a needs analysis** of the unique health and wellbeing issues affecting your school. If your school participated in the Growing up in North Yorkshire Survey (GUNY), we would expect this data to be used to support the needs analysis
- Use the **needs analysis to identify and define group/s and number of pupils** e.g. whole school or year group, plus any smaller targeted groups such as SEN or FSM eligible pupils.

- **Develop planned measurable outcomes** and complete the platinum action plan to support achieving the health & wellbeing priority.
- **Pupils Healthy Schools team:** To make a submission for the Platinum Healthy Schools award the school must have a Pupil Healthy Schools team. This could be an existing group of pupils such as the school council, wellbeing champions, sport leaders or a newly formed group of pupils to support the school achieve the Platinum Healthy Schools award. The pupils must contribute to the identified outcomes.

**Submit the identified health and wellbeing priority to the healthy school team at the start of Platinum Award process on this action plan via the [healthy schools website](#) by one of the [three submission dates each academic year](#) so the identified priority can be confirmed by the healthy schools team.**



- **Monitor and evaluate the provision/ intervention** to measure success and demonstrate improvements which were identified on the platinum action plan
- It is envisaged working towards the Platinum Award will be a minimum of one academic year

**Once improvements have been demonstrated the schools then submits the outcomes on the Platinum Reporting Form which is downloadable via the [healthy schools website](#) by one of the [three submission dates each academic year](#)**

Below is the Platinum action plan that a school needs to complete.

At the end of the action plan document are some examples for each section to demonstrate the type of information we are requiring to support a school submit a successful platinum action plan

Any issues, questions or support needed please contact us [healthyschools@northyorks.gov.uk](mailto:healthyschools@northyorks.gov.uk)

Health & Wellbeing Priority for Platinum Award	
<b>Health and Wellbeing Priority: What is the identified priority?</b> <i>Describe the issue you are trying to improve including the data / information used to identify this need. (There are some examples at the end of the document)</i>	
<p><b>Detail:</b></p> <p>Our core focus is on instilling healthy habits from a young age, with a particular focus on active travel and breaking barriers for pupils to be active in and around school. We are mindful that children and their families are leading increasingly sedentary lifestyles, and fewer and fewer families are active in their spare time or within their daily commutes. We are also aware of poverty creating barriers to families accessing healthy activities and resources, and we want to reduce or remove these barriers for our community</p>	
<b>GROUP: Define your group/s and number of pupils who will benefit from the action (whole school or year group, plus any smaller targeted group).</b>	
<p><b>Detail:</b></p> <p>All pupils at Oatlands are targeted, as are their parents and carers, the staff, and other members of our community (e.g. pupils and parents at Oatlands Junior School)</p>	
Intended Outcomes	
<p><b>PLANNED OUTCOMES</b></p> <p><b>Pupils:</b> Consider the specific measurable changes that you expect to result from your activities e.g. changes in attitudes, behaviours, knowledge or skills of your pupil group/s</p> <p><b>WHOLE SCHOOL:</b> Any organisational changes which you expect to result from your activities and how you will measure them</p> <p><i>(There are some examples of the end of the document)</i></p>	<p><b>MONITORING METHODS</b></p> <p>List the tools, methods and timeframe that you will use to monitor whether your activities are being implemented as planned.</p>
Health and Wellbeing Priority Intended Outcomes	
<p>To increase the number of pupils and parents taking part in active travel on a daily basis, and to raise awareness of how active travel can support us with building healthy lifestyles and healthy habits</p>	<p>Active travel tracker checks Bike shelter number checks</p>
<p>To facilitate a regular Bike Bus to promote and champion active travel within the community, to build community links, and to provide a safe space for younger children to cycle with trained marshals</p>	<p>Active travel tracker checks Bike shelter number checks Bike Bus video evidence</p>

	Bike Bus headcounts
To offer a fee-to-use Bike Library for all members of the local community to remove barriers to active travel and active lifestyles	Bike Library booking forms and disclaimers
To offer partially and fully funded cycling lessons to children in school via Bikeability (Sports Premium funded) and to the wider community via Ready Steady Pedal (Opening School Facilities funded)	Booking forms Parent and pupil voice
To offer free after school and holiday clubs to support all children, regardless of their background or family financial position, to engage with active opportunities	Booking forms Parent and pupil voice
To develop a school garden to support children with their understanding of the natural world whilst spending time active and outdoors. This will open to the wider community in the new academic year	Planning and timetables Parent and pupil voice
To offer a fully-funded on-site gym for staff within school, with the potential of this being offered more widely across Yorkshire Causeway Schools Trust	Personal Trainer bookings Signed disclaimers

ACTION PLAN for Health and Wellbeing Priority		
ACTIVITIES AND INTERVENTIONS: List the specific activities that you have planned (for staff, pupils or families) to achieve your improvements, including any resources or partner services that will be providing support.  <i>(see some examples at the end of the document)</i>	TIMESCALE: List the month & year when you expect each activity to take place.	LEAD: List the staff member responsible for each activity.
<b>Health and Wellbeing Priority</b>		
<b>Details:</b> Planning and prep for Bike Bus, including the training of marshals Weekly safety briefing with Bike Bus leads (CH, AM, HP, BM)	October 2024 marshal training October 2024 test rides October 2024 first full rides (monthly)	Named provided

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Comms in advance to local businesses and local media + North Yorkshire Sport press coverage to boost engagement	February 2025 switch to fortnightly rides	
Funding for marshal training via Opening School Facilities (NO'B)	April 2025 marshal training	
<b>Details:</b> Engage with the Zero Carbon Walk to School days and achieve the Gold award again	Achieve award in July 2024 Achieve award in July 2025	Name provided
<b>Details:</b> Purchase Bike Library bikes using OSF funding Disclaimer and risk assessment support with YCST compliance team (TS and LC) Bike shelter to be built by Precision Timber	To be purchased March – April 2024 To be deployed May 2024 Shelter construction June 2024 Annual service package booked in July each year	Name provided
<b>Details:</b> Bikeability sessions to be booked in half term for each Reception class every Friday, plus an additional half term for those who need extra time  Ready Steady Pedal sessions booked in for October half term break and February half term break. October sessions 50% funded, February sessions 100% funded. Both funded via OSF	Whole-school session Autumn 2024  Weekly Reception sessions Spring and Summer 2025  October 2024 Ready Steady Pedal for 64 children  February 2025 Ready Steady Pedal for 96 children	Name provided
<b>Details:</b> Free active clubs to be offered from September 2024. 2 x per week  Free active summer club to be offered to all pupils – Pupil Premium and SEN pupils prioritised as well as those with safeguarding concerns at home	Free clubs rolling from September 2024  Free summer club offered to 60 pupils (32.5 hours per pupil) in August 2024	Name provided

Staff to be paid to run clubs via OSF funding		
<b>Details:</b> School garden funding bid to be submitted to Mukherjee Brothers Trust  Full clearing of garden space to prepare for building works  Bids for awards to be made	Bid submitted March 2024. Successfully awarded and building work completed in August 2024  2 x garden awards in summer 2024. Further bids to be made for summer 2025	Name provided
<b>Details:</b> Staff gym to be planned out and equipment budgeted, ordered and claimed back via OSF funding  Disclaimer and risk assessment support with YCST compliance team (TS and LC)  Personal trainer inductions to be completed for all relevant staff	Spend completed May 2024. Final claims received December 2025  Gym in use from summer 2024 following inductions in July 2024  Further inductions October 2024  Further inductions July 2025	Name provided
<b>Details:</b> Bring in scooters, a climbing wall, sports trolley and den building to the main playground  PESSPA lead to visit OPAL schools via Creating Active Schools network	Spend completed May 2024. Final claims received December 2025  Scooter store construction June 2024  Annual service package for scooters every July	Name provided

**Pupil Healthy Schools Team- The team within school will consist of (school council, wellbeing ambassadors, play ground leaders, combination of pupils, specific pupil healthy school team):**  
**School council, eco council, Headteacher, PESSPA lead, Eco Lead, North Yorkshire Sport**

**The key aspects the pupil Healthy Schools Team will focus on / found out more about will be in relation to the identified health and wellbeing priority:**

**Mostly involved with collating pupil voice and supporting with the playground projects**

**Some key activities that the Pupil Healthy Schools Team will implement may include:**

**Creating safer, more active playtimes**

**Supporting with the resourcing of the playground**

**Supporting with the choices of active clubs**

### Examples for the different sections to support schools make a successful Platinum Award Submission

#### Health and Wellbeing Priority: What is the identified priority?

*Example from a school:*

*Our children show very low levels of resilience (data from GUNY and internal school data) . We have a high number of children being referred to CAHMS and high numbers of children with anxiety. We have high numbers of children being referred internally to our 'retreat' (where they access additional and different support) because they are struggling. In addition, we have a high prevalence of children with a diagnosis or traits of Autism, this number is increasing.*

*Priorities for action:*

- *Increase the resilience levels across the whole school community.*
- *Increase awareness and understanding of mental health and well-being issues amongst parents and pupils.*
- *Develop skills in self-care.*

#### Examples from schools of Intended Outcomes

- *Pupils - To increase the percentage of pupils who report finding relationships and sex education lessons useful. From a baseline of 43% to an increase of 70% measured through xx*
- *Pupils- To increase the percentage of targeted Year 6 pupils reporting the school has helped prepare them for secondary school. From a baseline of 41% to an increase of 80% measured through xx*

**EXAMPLES:**

- *Pre and post pupil surveys*
- *GUNY data*
- *Pupil Focus groups*
- *School Meal analysis*

<ul style="list-style-type: none"> <li>Whole School - To increase the number of pupils eating a school meal and ensuring all FSM pupils are eating a school meal at least 3 times a week measured through xx</li> </ul>	
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ACTION PLAN for Health and Wellbeing Priority		
<b>EXAMPLES:</b>		
Staff training on emotional health and wellbeing that focuses on supporting pupils build resilience	September 2024	Mental Health Lead
Focused communication with families about the Free School Meal entitlement, running some taster lunches for all families to attend including the new starter families	Autumn term 2024 – different year groups invited in each week in the autumn term	Healthy Schools Lead and catering staff
In the PSHE curriculum ensure there is consistent teaching about healthy relationships including sexual relationships and the monitoring of the curriculum shows that pupils are learning from the planned curriculum	Termly monitoring academic year 2024-2025 (lesson walk through, book look, pupil focus group and staff feedback) that is fed back to SLT and the governors	PSHE Coordinator