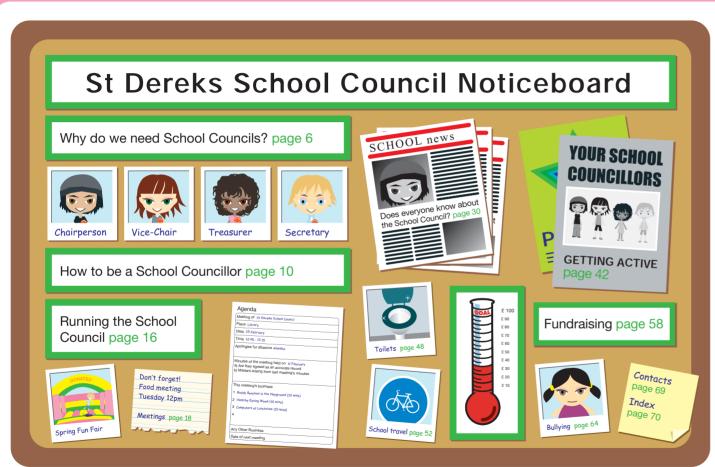
# School Council Handbook for Primary Pupils

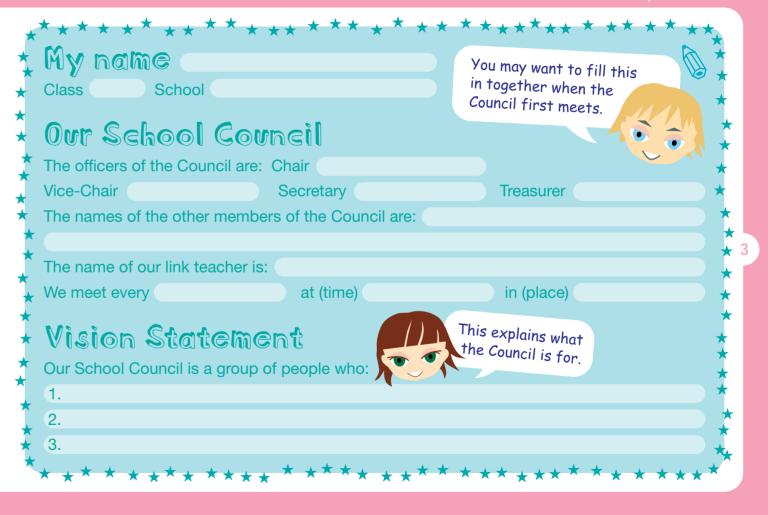
Everything you need to know about being a great School Councillor











I've always wanted to be on the School Council...

I'm so excited!

If my class vote for me I'll be the best School Councillor EVER...

I'm so excited!

I'm so excited!

Being on the School Council is a serious job. You're one of the most important people in your school, and you can help make it a nicer place to be for pupils, teachers and other staff. This is your book to help you be a great School Councillor.



J

### Why do we need School Councils?

For many years, all the decisions about children were made by adults.

This was thought to be best because adults are older and have experience, training and qualifications.

But adults didn't always make the **right** decisions, sometimes because they hadn't talked with the children about the issue.

All the countries of the world got together and agreed that children must be given **rights**. Plus, sometimes their ideas are actually **better** than adults!

So the **government** decided that adults must **listen** to children before making a decision about them.



There is an international law called The Convention on the Rights of the Child which nearly all the countries of the world have agreed to practice.



there are many articles in the Convention like the following.

You can read all of the articles on www.schoolcouncils.org

#### Article 12

Children have the right to say what they think should happen, when adults are making decisions that affect them, and to have their opinions taken into account.

· \* \* \* \* \* \* \* \* \* \*

#### Article 13

Children have the right to get and to share **information** as long as the information is not damaging to them or to others.

#### Article 15

Children have the right to meet together and to join groups and organisations, as long as this does not stop other people from enjoying their rights.

7

Think of all the decisions that are made about your school...

When does school start and finish? What shall we do when pupils have a fight? How can we make lessons more interesting? What equipment should we buy for the playground? What outing should we organise?

How can we help pupils make friends?

You probably have ideas about these questions, and so will other pupils in your school.

FACT: The average number of pupils in a UK primary school is 174.

But how can the teachers listen to all the ideas? That would take too long, and nothing would get done. Pupils need a way of discussing issues, and making decisions which will help everyone in school. Schools work better when pupils and teachers are working together and listening to each other.







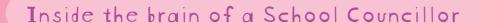


# What does a School Councillor look like?

- 1 Pen and notebook to take notes and be organised.
- 2 School Council badge.
- 3 Agenda for next meeting.
- 4 Minutes of last meeting.
- (5) Watch to help be on time.



10



#### Committed & determined

deal with



## Who will do what? The School Council officers

Officers are usually elected by the School Council at the beginning of the year. When you have chosen your officers, write their names on page 3.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

I'm Raj, Chairperson. I run meetings and talk to governors about the Council. I make sure everyone is involved and help the Secretary prepare the agenda.

I'm Rachel, Vice-Chairperson. I help the Chairperson prepare the agenda and help them to lead meetings. I also take over when the Chairperson is away.

I'm James, Secretary. I take minutes, write them up and distribute them. I sign letters from the School Council and let people know when meetings are.

I'm Aleesha, Treasurer. I Look after School Council money and give reports on the financial situation. I also suggest ideas for fundraising.



TAS	SK	No thanks	I'll give it a go	Easy!	M
01	Put chairs out for a meeting.				
02	Talk in front of my class.				)
03	Talk in front of a staff meeting.				
04	Chair a meeting.				
05	Prepare an agenda.				0 9
06	Take minutes and write them up.				
07	Write a letter from the School Council.				•
08	Find a phone number or address.				
09	Use a photocopier.				
10	Look after School Council money.				
11	Organise a fundraising event.				300
12	Write a questionnaire.				
13	Explain to the youngest pupils about the Counci	l.			) "
14	Create a School Council website.				
15	Write an article for a newsletter.				
16	Run an assembly about the School Council.				
17	Look after the School Council noticeboard.				
18	Design a poster about the School Council.				
19	Co-ordinate School Council elections.				
20	Train other members of the School Council.				8

Meet the staff Other people around the school who are involved with the Council.

I help the Council by coming to meetings and giving information. I also teach a class so I can get quite busy.

My job is to look after the school buildings and equipment. I also try and keep the school clean, which isn't easy!





Headteacher

HEADTEACHER

I am responsible for running the school and making sure everyone is happy and safe.

Link Teacher

Caretaker

I'm a member of the Parent Teacher Association We organise events like the summer fete and let parents know what is going

on in the school.

Write the name of the link teacher at your school on page 3.

I'm a school governor at St Dereks which means I help make big decisions about the school. I'm also a local councillor - I help run the town.



Parent

Governor

Cook

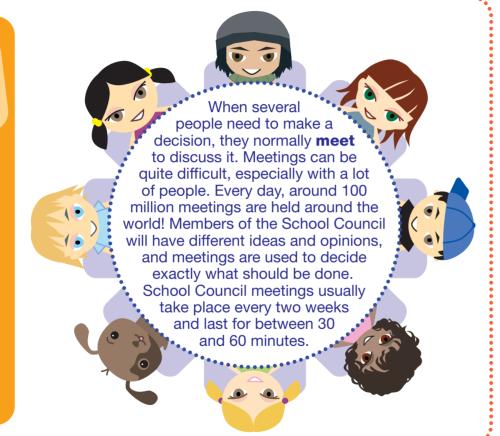
I cook lunch for pupils, and

food is healthy and tasty.

I try to make sure the

To be successful, meetings need the following:

- 1) Ground rules
- 2 Agenda
- (3) Minutes
- 4 Chairperson
- 5 Reporting back
- 6 Action planning



### Ground rules

A meeting is like a **team**, where everyone is working together to solve a problem or make a decision.

All the members of the team need to be **focussed** on what the issue is, and make sure everyone gets a chance to speak.

It is useful to agree **ground rules** for meetings and make sure all members know what these are. They could include putting your hand up before you speak, or arriving on time.



Write your School Council's ground rules opposite.

Our School Council ground rules: example: Put your hand up before you speak

### Agendas

An agenda is a list of what is being discussed at the meeting. It should also say where the meeting is and what time it is starting and finishing.

The agenda should be given to members a few days before the meeting so that people can think about the issues and talk to their class about them.

The agenda is usually prepared by the Chairperson and Secretary.



Download blank agenda sheets from www.schoolcouncils.org

#### Agenda

Meeting of St Dereks School Council

Place Library

Date 25 February

Time 12.45 - 13.15

Apologies for absence Aleesha

Minutes of the meeting held on 11 February

- a) Are they agreed as an accurate record
- b) Matters arising from last meeting's minutes

This meeting's business

- 1 Buddy Benches in the Playground (10 mins)
- 2 Healthy Eating Week (10 mins)
- 3 Computers at Lunchtime (10 mins)

4

Any Other Business

Date of next meeting

### Minutes

Minutes are notes of what decisions are made at the meeting. They are written by the Secretary and typed up after the meeting. The minutes should be given to all members, and to staff so that they can find out what the School Council has been doing. Minutes should be kept together and brought to meetings in case they're needed. All members need to read the minutes, so they can check if they have promised to do anything. At the start of every meeting, the Chairperson will review the last set of minutes.



Download blank minutes sheets from www.schoolcouncils.org

#### Minutes

Minutes of meeting held on 25 February 2005 Chairperson Rai

Names of the people present Raj James, Rachel (plus others...)

Apologies for absence Aleesha

Sally comes	STIQ		
NA:	Action	By Whom	
Minutes of the last meeting a) Are they agreed as an accurate record b) Matters arising from last meeting's minutes	Sign the minutes	Chairperson	
Item 1 Buddy Benches in the playground not working	It was decided to have two	James, Melanie	
Item 2 Healthy Eating Week - try healthier food in canteen	Arrange meeting with catering	Rachel, Arthur	
Item 3 Pupils not allowed to use computers in lunch break	We need to discuss this		
Item 4			
Any Other Business			
lta			

Items for the next agenda

Date of next meeting 12 March, 12.45pm

# The Chairperson

I've been elected as Chairperson. My job is to help the meeting make a decision, using the agenda.

It is a difficult job, and sometimes a teacher will help me.

I often have my own opinion, but all the other members' views are just as important. So I need to make sure everyone gets to have their say.

The agenda helps me to know how much time to give to each subject. If time is running out, I will encourage the meeting to make a decision, or decide to discuss the subject again at the next meeting.



WHAT HAPPENS IN MEETINGS?	WHAT THE CHAIRPERSON SAYS		
1 Call the meeting to order	Er can we make a start?		
2 Remind everyone about ground rules	Remember the ground rules. No moaning allowed. Positive suggestions only. No put-downs.		
3 Tell everyone to look at the agenda *	You can see that we are going to discuss and we have allowed minutes for the discussion.		
4 Discussion	Points of view, please.		
5 Decision time	Does anyone want to make a proposal about what we should do? Anyone want to second that?		
6 Let's vote	How many agree? Disagree? Don't know?		
7 Action plan	Now we've agreed to How are we going to get started? What steps do we have to take? Who will offer to do it? When must it be done by?		
* Begin again at point 3 for each new item on the agenda			

## Reporting back

After going to a School Council meeting, Councillors need to tell their class what happened so that other pupils know what the Council is up to. This is called reporting back and it can be done straight after the meeting, when it is easier to remember what was decided. If it is done later, you will need a copy of the minutes of the meeting to help you remember.

#### Reporting back is for telling the class:

- What was discussed at the meeting
- What was decided
- What is going to be done
- What will be discussed at the next meeting

After reporting back you can ask the class if they have any questions or ideas. Practice by using the minutes on page 21 and reporting back the main points.



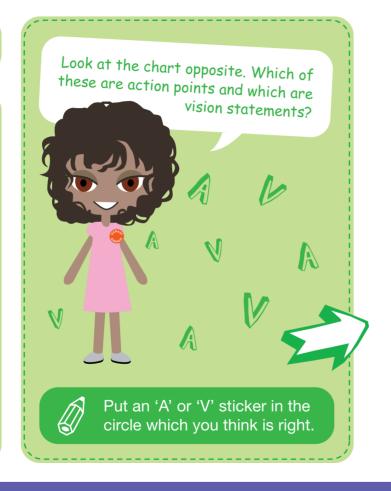
It isn't easy to stand up in front of the class and speak, so here are some of my tips to help you:

- Only read out the main points, and keep it short.
- If there are two representatives in your class, share the reporting back
- · Speak in a clear, loud voice.
- If you have a whiteboard, you could write the main points for people to read.
- · When you have finished, ask if people want to ask any questions.
- · Write down any ideas or comments so you can take them to the next meeting.

## Action planning

Meetings are only successful if they actually make things happen. Decisions that are made will need someone to take **action** and the minutes should show who will do what.

Action points in the minutes should be clear tasks that can be easily measured. This means that you know when it is done. If the action point is to 'make sure everyone knows about the Council' then how will you know when you have done it? This is more of a vision statement as it says what you hope will happen eventually. An action point might be 'to send a letter to the headteacher asking for a bigger noticeboard' as you know when it has been done and you can see what happens.





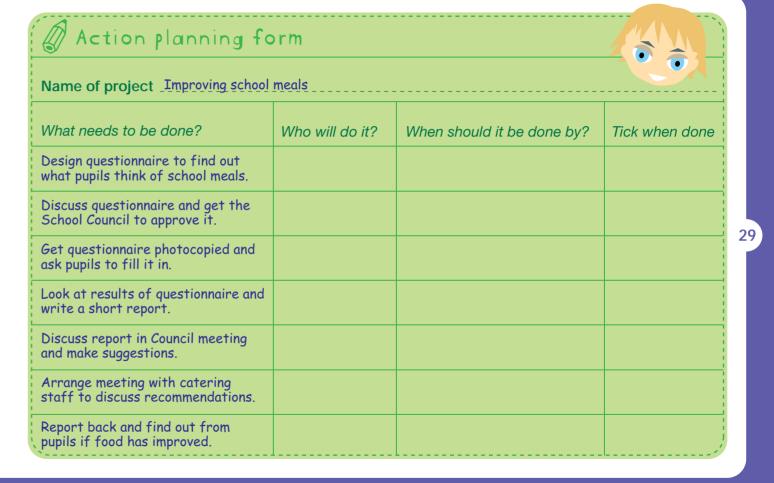
The way to do it is to take one vision statement and turn it into action points so everyone has smaller, easier jobs to do.

You can use an **action planning form** to help you **measure** the tasks and know who is doing them.

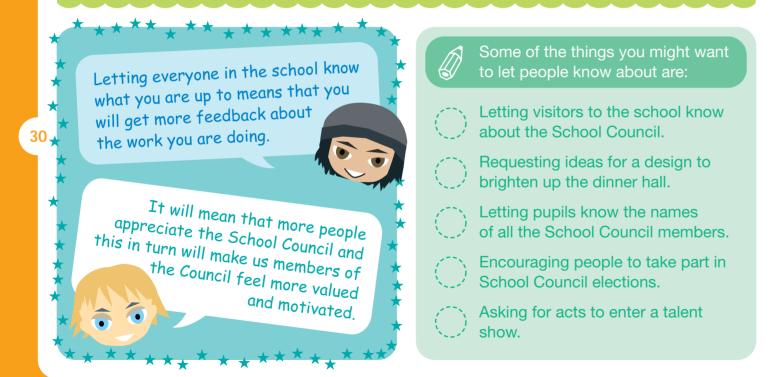
Lets take the example of improving school meals.

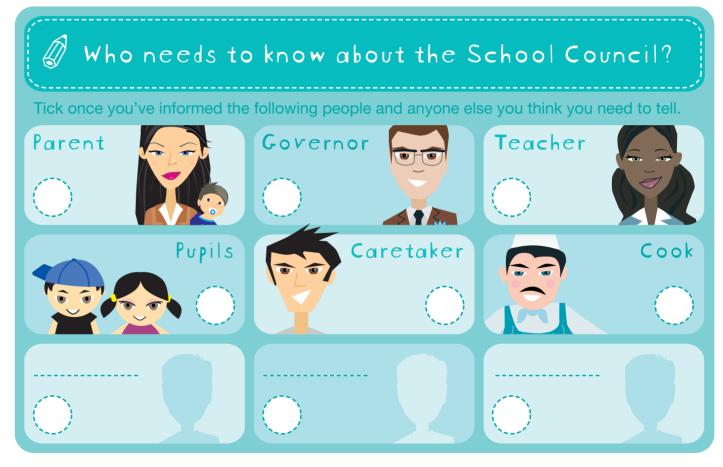
Download blank action plans from www.schoolcouncils.org





### Does everyone know about the School Council?





## Informing people

How does your school **inform** pupils, staff and parents?

Does your school use any of the following?

- Assemblies
- Noticeboards
- Class announcements
- School newsletters
- School website



Why not include information about the School Council in them?

You can also produce your own publicity such as:

- Suggestion box
- PostersSurveys
- Videos
- Assemblies
- Noticeboards



The suggestion box is a popular way of getting ideas and comments from people. But it needs to be in the right place – it's no good having it tucked away in a corner.

SUGGESTION BOX

Make it clear that the box is for suggestions and it doesn't mean every pupil will get what they ask for.

You could also have an email address which people can send ideas to - a sort of electronic suggestion box.

Ensure the box is secure so it can't be tampered with.



# Posters

Posters are useful for raising awareness about a specific issue or event. They can also be used to publicise the School Council generally.



Think about the best locations.
These tend to be where people are waiting, eg. by dinner queues or in classrooms.



Always make spare copies as posters will usually get damaged.

If the poster is advertising a specific event, remember to take it down after the event has happened.





Think visually - pictures have much more impact than lots of text.

# Survey

Girl

Have you ever been bullied?

Yes

☐ No

Did you tell anybody?

A friend

A teacher

☐ Mum / dad

☐ No-one

Surveys can be used to find out what people think about specific issues like school uniform or bullying. They can be done face to face or in people's own time.

Remember to ask permission and be polite. Make the questions clear and easy to understand. Try them out on a few people. Don't forget to include a middle option like 'don't know'.

Check that your answers will give you the information you need. For example 'is there a lot of bullying?' won't be as useful as 'have you ever been bullied?'.

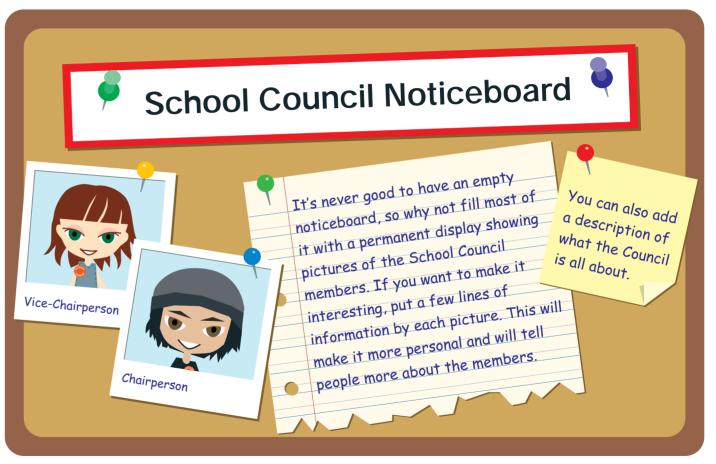
Encourage people to complete them by entering them into a raffle for a prize.











## How are we doing?

A School Council is like a machine – if one part isn't working well then it can affect the whole thing.

It's a good idea during your time on the School Council to check that everything is **running smoothly**, then you can fix anything that needs fixing.

This table will help you, and the Council should fill it in together three times, maybe in October, January and April.

Write a number in each circle depending on how things are going. 1 means yes, 2 means sometimes, and 3 means no.



Issue	October	January	April
Is the Council meeting regularly?	0	0	0
Is the Council working well as a team?	0	0	
Do all Councillors understand their role?	0		
Are all the meetings well-run?	0		
Are all classes holding Council meetings?	0		
Do pupils know about the School Council?	0	0	0
Do staff support the School Council?	0	0	0
Do governors know about the Council?	0	0	0
Is the Council making a difference in the school?	0	0	0

# \* Getting active

Now you know how to be a School Councilor, how are you going to make your school better?

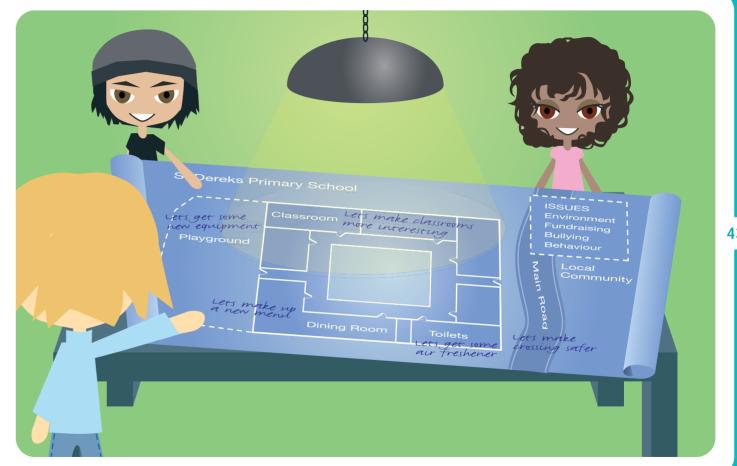
Find out from pupils and staff what their ideas are and decide on which issues you need to tackle.

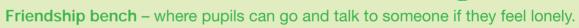
If your Council is working well, you can use meetings and action planning to get things going.



Get organised! Download worksheets from www.schoolcouncils.org







Learn new playground games, or raise money to buy more playground equipment.



Put more seats in the playground for lessons outdoors and sitting at playtime.



Make a wildlife area and grow plants that birds and butterflies like.

How would you improve your school playground?

Playground patrols – pupils who look out for problems such as bullying.

School gardens – growing flowers or even vegetables to eat.

Outdoor art projects - mosaics, murals or sculptures.

FACT: Markethill school in Aberdeen, Scotland set a WORLD RECORD in their playground when 202 people 'hula-hooped' continuously for 2 minutes.





### Dining room

This is our dining room - I love it here because I like eating. When the pupils don't finish their lunch, I get the leftovers.





FACT: The Government gives each primary school 45p per pupil to spend on lunch.

### Toilets

Hold your breath - these are our toilets, and they don't smell too good. We have quite a few problems with toilets as you can see. Some pupils say they hang on until they get home, but that's not good because you can't concentrate in lessons if you're bursting to go!







Go and find out exactly what the **problems** are e.g. how many toilets don't work.





Run a campaign encouraging pupils to treat the toilets better.







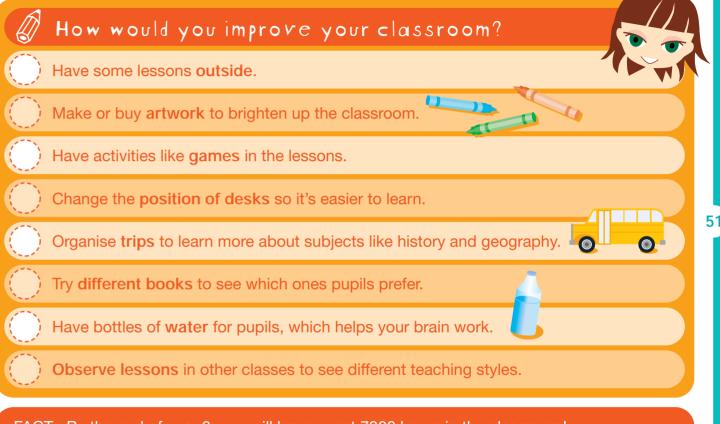
FACT: The government now wants adults to listen to pupils' ideas when new schools are built. Find out more at www.bsf.gov.uk



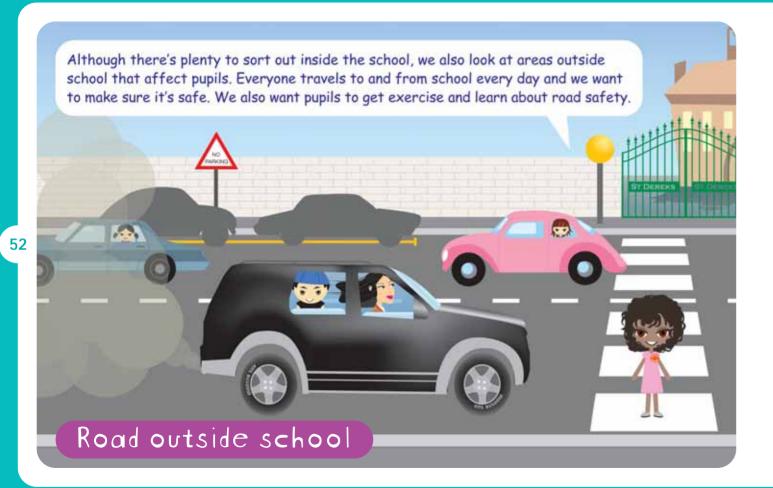
### Classroom

This is my class, and we're doing a maths lesson. Maths is my favourite but some people are not so keen. The School Council can't decide what the pupils learn, but we can give ideas about how we are taught and what kind of activities we do.





FACT: By the end of year 6, you will have spent 7200 hours in the classroom!





FACT: 40% of primary pupils are driven to school – that's almost twice as many as 20 years ago.

Organise cycle training for pupils who want to come to school by bike.





This is our town, and when pupils aren't at school they need places to go and things to do which are fun and safe. Our School Council can help by finding out what pupils think and giving ideas to the people in charge.





### School environment

Our Council wants to help keep the school looking nice. We also want to reduce waste and reduce the impact on our environment. This can also save the school money and improve our health.

#### Litter

We could go and see how much litter there is around the school. We can also check where the worst areas are and what types of litter we find. It might not be the pupils fault if other people are using the school in the evenings or weekends.

### Recycling

Can we reduce the amount of paper we use? Can we use both sides before throwing it away, and do we need to print so many copies of things? Can we re-use envelopes?

We can find out about our local recycling scheme and start collecting paper, glass and plastic. How much waste is produced from our packed lunches? Even things like apple cores and banana skins can be used to make compost.







### Energy

There are lots of ways to reduce the amount of energy we use. This could be by using heating, hot water, lighting, TVs and computers more carefully.



#### Water

We can make sure people turn taps off properly, or change the type of taps we use.



### School Grounds

How does our school look? We can ask pupils to take photos of their favourite and worst parts. We can also make the school entrance look nicer and more welcoming for visitors. What about classrooms, corridors and the playground?

The state of the s



When we have looked at all these things, we hope to become an Eco-School.

To find out how your school can be one too, see www.eco-schools.org.uk

### Transport

We could look at the way we get to and from school and see if we can reduce traffic jams and pollution. There are more ideas on page 53.



# FUNDRAISING

One of the best things about our School Council is that we raise money for charities. Organising fundraising events is fun, and we get to support good causes too.





#### Non-uniform day

Pupils pay £1 to not wear their uniform, or wear fancy dress for the day.



#### Bring & Buy sale

Pupils can bring things to sell, like unwanted games or CDs. You can also sell things like cakes, which pupils have made.



#### Sponsored silence

The teachers' favourite! Pupils ask friends and family to sponsor them to keep quiet for the whole of lunchtime. You can be sponsored to do anything: walk, run, hop, sing, skate...

#### Games competition

Organise a games competition at lunchtime or after school. You could get sponsored to see how many penalties you can score or baskets you can shoot in 10 minutes.



#### Quiz show

Run a quiz in the style of your favourite TV show, and have prizes for the winners. Each class could play, and the winners go into a 'grand final' at lunchtime.



Getting active Getting active

For the event to be successful, it will need to be well organised. Here's what you need to decide:

#### Which event?

This will depend on how much time you have, what help you need and where you are going to have it.

#### Who does what?

You will need a **team** to organise an event. Certain people will have key roles, but everybody can have a part to play in making the event a success.

Project managers make sure everything is running smoothly and help everyone get their jobs done.

Publicity managers create posters, leaflets and anything needed to let people know about the event.

Promoters get the word out and make sure everyone knows about your event.

> People will be needed to manage things like ticket sales, food, money, music and equipment.

It's important to choose a date that doesn't clash with other big events like school outings or plays. Make sure the place where you have the event is suitable and pupils can get there easily. Finally, don't forget why you are doing it. Which charity will you choose, and how will you let people know where their money is going?



### Get some help

There will be people who can help you by giving you equipment or helping out on the day. You could also ask people to donate things that can be used as prizes for competitions. The best ways of asking for help is either to write a letter or make a phone call. Remember making contact might get you almost anything!



### Writing letters

You should be brief and try to keep your letter to one page if possible.

\* \* \* \* \* \* \* \* \* \* \* \* \* \*

\*\*\*\*\*\*

know them well.

A good headline will get their attention.

Say **why** you are writing.

Make it personal. Make the person

Tell them what's in it for them



Download guide to writing letters from www.schoolcouncils.org

St Dereks Primary School 34 Hill Road Fulchester F04 21 R

Mr B Smith Smith's Bouncy Castles Ltd 18 High Road Fulchester F02 9JL

Date

### ST DEREKS NEEDS YOUR HELP!

On March 28th, pupils at St Dereks Primary school are running a day of fundraising activities, to raise money for cancer relief.

We want to run activities which pupils will pay to take part in, and having a bouncy castle would be fantastic because everyone loves them.

Would it be possible for us to hire one of your bouncy castles at a special rate so that we can raise funds on the day?

We would be happy to promote your company by putting your name on the programme, and we're sure that lots of pupils and parents would hire from you for birthday parties!

If you are able to support this event, we would be very happy. Yours sincerely,

James, Raj, Aleesha

Dear Mr Smith

St Dereks School Council

# Making phone calls

Using the phone is the quickest way of contacting people, but it can be scary. Before you call, write down any details you need to remember so you can look at them while you talk.

- to thank them.

- (1) Hello, can I please speak to Mrs Kelly, the Catering Manager.
- 2) My name is Raj from St Dereks School Council, and I'm calling about our school dinners.
- Would you be able to come to a meeting with our School Council so we can tell you our ideas for improving school dinners?
- Just to confirm, you will be coming to the school to meet us on Wednesday May 14th at 12.30pm.
- (5) Thank you for your time Mrs Kelly, and I look forward to meeting with you.



Although St Dereks is quite a friendly school, we still have some bullying. Pupils can be nasty or hurt each other and we need to find ways of stopping it.

We wanted to find out more about bullying at our school, so we did a survey. We asked all the pupils to fill in a questionnaire.

### Types of bullying

Physical bullying (hitting, kicking, stealing) Verbal bullying (name calling) Indirect bullying (spreading nasty stories about someone, ignoring people)

Have you ever been b ☐ Yes	oullied?
How many times?  Once More than 5 times	2-5 times
Where did it happen? ☐ In the classroom ☐ In the playground ☐ In the toilets	☐ In the corridors ☐ Journey to/from school ☐ Somewhere else
Who were you bullied  A boy  A girl  Mixed group	I by?  A group of boys  A group of girls
Did you tell anyone al Staff member Friends	bout it?  ☐ Family ☐ No one
Have you seen other ☐ Yes	pupils being bullied? ☐ No
Did you report it? ☐ Yes	□ No
Have you any ideas h	ow we can stop bullying?

We found that most bullying happens in the playground, and people are most likely to tell a friend about the bullying.

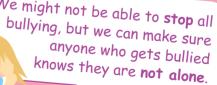
We did some research on the internet and found out about playground buddies. These are members of the School Council who are on duty in the playground during morning break and lunchtime. They get special training and if people need someone to talk to they can listen.



The buddies wear a special badge so people know who they are, and they have a 'buddy bench' where pupils can sit down to talk or play a game. Our team of buddies take turns so each day there are four buddies on duty.

After having the buddies for one term, we will ask pupils what they think about them. We hope the buddies will make people feel they have someone to talk to and feel safer in the playground.

> We might not be able to stop all bullying, but we can make sure anyone who gets bullied



### Behaviour

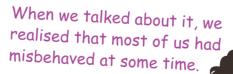
Our School Council has been thinking of ways to improve behaviour in school.

### Types of bad behaviour

- Being rude or swearing.
- Arriving late to a lesson
- Damaging property.
- Not doing homework
- Missing school without a proper reason.
- Disrupting a lesson.
- Fighting or shouting at people.
- Not wearing your uniform (if your school has one).

#### Reasons why people misbehave

- When I was bored in class.
- When I was hungry
- When I couldn't understand a lesson.
- When our team lost the football match at lunchtime.
- When my mum told me off before school.
- When my friend wouldn't lend me her pencil sharpene







So we've got lots of punishments at our school, but what about things to encourage pupils to behave well?

#### Ideas to improve behaviour

- Points for good behaviour, with a prize when you get a certain number.
- Badges or stickers which pupils can wear when they behave well.
- Certificates for good behaviour
- Lunchtime clubs or playground games for pupils who are bored.

Are there any behaviour issues that your School Council could look at?

68

### School Rules

Our School Council also looked at the school rules. Every school has a behaviour policy which says how pupils should behave, and what the punishments are.

But ours is really long and boring, so we re-wrote it in a language the pupils could understand.

Download classroom rules posters from www.schoolcouncils.org

### Classroom rules Key Stage 1

- We listen carefully
- We work quietly
- We are polite and friendly.
- We tell the truth.
- We always do our best.

### Classroom rules Key Stage 2

- We listen carefully and follow instructions.
- We show respect for others, treating them as we would like to be treated.
- We work quietly without disturbing our classmates.
- We look after our own belongings and keep the classroom tidy.
- We tell the truth.
- We do our best at all times.

## Contacts

#### School Councils UK

Advice on School Councils. www.schoolcouncils.org info@schoolcouncils.org T 0845 456 9428

#### Childline

Helpline for young people. www.childline.org.uk info@childline.org T 0800 1111

#### **NHS Direct**

Confidential health advice. www.nhsdirect.nhs.uk T 0845 46 47

#### Kidscape

Help and advice about bullying.
www.kidscape.org.uk
T 08451 205 204

#### **NSPCC**

Helpline for anyone worried about child abuse. www.nspcc.org.uk info@nspcc.org.uk T 0800 77 66 00

#### Children's Legal Centre

Free legal advice. www.childrenslegalcentre.com clc@essex.ac.uk T 01206 873820

#### **Comic Relief**

Fundraising resources. www.comicrelief.com

#### **Equal Voice**

Drama resources to increase self esteem. www.equalvoice.net

#### Fax your MP

It's easy – you don't even need a fax machine! www.faxyourmp.com

#### **Bog Standard**

Improve the school toilets. www.bog-standard.org info@bog-standard.org T 0117 960 3060

#### **Eco Schools**

Advice on how to make your school 'green'. www.eco-schools.org.uk

#### **Groundwork UK**

Helpful local advice on improving school grounds. www.groundwork.org.uk
T 0121 236 8565

#### **Bicycle Association**

Make more of cycling. www.ba-gb.com T 02476 553838

#### UNICEF

Find out more about chidren's rights. www.unicef.org



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The DfES Innovation Unit works with everyone in schools to find new ways to improve learning. We look for ideas from all the schools in England as well as businesses and other organisations which do things in interesting ways. We want to help schools to keep getting better and for learning to be exciting for every single pupil. If you want to find out more about our work, please visit our website www.standards.dfes.gov.uk/innovation-unit. There's a special section for you that tells you all about our work and how you can send us your own ideas.

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#### Being on the School Council is an important job, and it isn't easy!

This handbook will help you by explaining:

- · Why we need School Councils
- · How to be a School Councillor
- · How to run a School Council

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Join the pupils and staff of St Dereks Primary as they show you how their Council has made a difference both inside and outside of their school.

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