# Poverty Guide for Schools

## Resources for Schools, Families and Children and Young People 2026

### Videos to help understand poverty

**A series of short, animated videos on child poverty – Scotland-focused but still informative (Public Health Scotland Learning and Development):**

Why focus on child poverty?

Child poverty and stigma

The consequences of child poverty

Drivers of child poverty

Taking action to address child poverty

### Further videos about child poverty

BBC Children in Needs video (2:21 mins): Real stories of poverty told by children from BBC Children in Need funded projects

The Children's Society video (2 minutes): Effect on children growing up in poverty - YouTube

### Training, learning and webinars:

Child Poverty | Virtual College 1-2 hours, £30 ppn

Royal College of Paediatrics and Child Health free webinar (50 minutes): RCPCH Webinar: Understanding Childhood Poverty - RCPCH Learning (webinar delivered by Children North East – 2nd half has a focus on poverty proofing in health settings)

Child Poverty Action Group e-learning (free account available – login required): Home | CPAG eLearning

### Further resources and information:

Child Poverty Action Group website: CPAG | We are the trusted voice on child poverty

Children North East website: Poverty Proofing© Services - Children North East

Period poverty scheme for schools: providing free period products: Period product scheme for schools and colleges - GOV.UK

Bed poverty information: Homepage - Zarach

For details of Trussel Trust food banks: https://www.trusselltrust.org/get-help/find-a-foodbank

Government help with cost of childcare

**North Yorkshire specific information and support:**

Healthy Start Scheme and Healthy Start Vitamins . People may be eligible for the Healthy Start scheme if they are more than 10 weeks pregnant or have a child or children under the age of four. Through the scheme they will get a pre-paid card which will be topped up with money every four weeks to go towards food and milk.

Information on how to access wider financial support Cost of living support | North Yorkshire Council

North Yorkshire Citizens Advice and Law Centre: North Yorkshire Citizens Advice & Law Centre

Mental health support: The Go-To - Emotional wellbeing and mental health

Family food leaflet – Helping North Yorkshire Families to access healthy food: leaflet-Family-Food.pdf

**Resources for Schools and children and Young People**

**Please watch and review any materials before using with pupils**

Financial education: Free personal finance help for children with signposting to a range of resources

BBC KS1 / KS2 PSHE: Financial education short videos

Children's Books Featuring Poverty and Homelessness

Linked to the UN Sustainable Development Goals a range of books to support:

- Zero Hunger
- No Poverty