

# Growing Up in Hambleton

## A summary of the Growing Up in North Yorkshire survey 2020

These results are the compilation of data collected from children and young people in the vast majority of schools in North Yorkshire during Autumn 2020. This survey was commissioned by the North Yorkshire County Council to collect reliable information about young people's learning and well-being. This is the seventh such survey completed in North Yorkshire since 2006.

Despite the unprecedented challenges that schools have faced this year due to the Covid-19 pandemic, over 17,000 children and young people have participated and shared their perceptions and experiences through our bi-annual 'Growing up in North Yorkshire' survey which started in 2006.

The findings within the survey provide all professionals who work with children and young people key insights into our children and young people's perceptions and experiences and create an opportunity for us to refine and enhance the quality of provision within the county so that it addresses emerging needs and trends.

### Collecting the figures

Teachers were briefed on how to collect the most reliable data and then pupils anonymously completed the questionnaire. The sample sizes are shown in the table below.

Completed questionnaires were then returned to SHEU in Exeter for processing. Some of the schools conducted the survey online. Where figures are also given in a chart, they are shown in bold.

All schools who took part have received their own individual school report.

### Comparisons

Comparisons have been made between the figures from this district and from North Yorkshire as a whole. The North Yorkshire findings are given in brackets following the district figures, and a table summarising the most important significant findings is shown on page 14.

### Trends

This study follows similar studies in 2018, 2014, 2012, 2010, 2008 and 2006. Where changes can be seen in the figures from the district in 2018, these are noted on page 13.

This report should be read alongside the summary report for the whole North Yorkshire data set, which includes a number of important additional pieces of analysis. The **Equalities Monitoring** analysis is appended to this report.

This report is based on the responses of over 17,000 pupils

|                | Hambleton |        |        |         | North Yorkshire |        |        |         |
|----------------|-----------|--------|--------|---------|-----------------|--------|--------|---------|
|                | Year 2    | Year 6 | Year 8 | Year 10 | Year 2          | Year 6 | Year 8 | Year 10 |
| <b>Males</b>   | 271       | 280    | 199    | 171     | 1796            | 1966   | 1521   | 1579    |
| <b>Females</b> | 286       | 255    | 200    | 154     | 1731            | 1818   | 1478   | 1585    |
| <b>Total*</b>  | 560       | 550    | 407    | 350     | 3543            | 3960   | 3125   | 3329    |

\*Some pupils didn't give us their gender, so the totals may be greater than the sum of males and females.

This report is  
No. 2 of 7

1. Craven

**2. Hambleton**

3. Harrogate

4. Richmondshire

5. Ryedale

6. Scarborough

7. Selby

### Our County priorities:

- ❑ Developing resilience and emotional wellbeing with a focus on responding to emerging needs following the pandemic
- ❑ An inclusive and positive ethos and culture at school to ensure all pupils feel valued, safe and have a sense of belonging
- ❑ Responding to the increasing online safety risks for pupils
- ❑ Supporting and encouraging a healthy lifestyle
- ❑ Effective implementation and delivery in schools of the statutory relationships, sex and health education curriculum
- ❑ Supporting identified **groups of young people** who continue to have more negative outcomes against a wide range of indicators. These include in particular: Young Carers, Pupils receiving Free School Meals, Lesbian, Gay, Bisexual pupils (LGB), Transgender pupils, Pupils with Special Educational Needs and /or Disabilities, Pupils from single-parent families
- ❑ Reduce bullying and prejudice based incidents in schools and the wider community through developing effective inclusive practice

### COVID-19 AND HOME LEARNING

|  | Y2  | Y8&10 |
|--|-----|-------|
| did school work at home (home learning).                                       | 88% | 84%   |
| found it 'hard'  | 14% | 24%   |
| could NOT get help easily enough from an adult at home or school if were stuck | 8%  | 12%   |
| could talk to someone at home 'most of the time' if they were worried          | 65% |       |
| could talk to someone at school 'most of the time' if they were worried        | 54% |       |

### LOCKDOWN IMPACT % 'agree'

|   | Y6  | Y8&10 |
|---|-----|-------|
| I've been getting on better with my family                              | 56% | 54%   |
| People in my area have been getting on better                           | 32% | 30%   |
| There have been more arguments at home                                  | 32% | 30%   |
| It's been harder to keep up with friends                                | 61% | 46%   |
| It's been harder to keep up with relatives who don't live in my home    | 66% | 59%   |
| I have found easy ways of communicating with people (e.g. via Internet) | 65% | 68%   |
| I have felt generally quite positive/happy                              | 46% | 45%   |
| I have been able to be physically active as I would like                | 58% | 47%   |
| My school has provided enough support for my wellbeing                  | 66% | 24%   |

### SELF CARE % 'most of the time'

|   | Y8&10 |
|---|-------|
| Stay in touch/talking with friends and family (e.g. phone/social media)             | 77%   |
| Keeping yourself busy (e.g. learning a new skill/online learning)                   | 57%   |
| Exercising enough to stay healthy   | 59%   |
| Talking about any worries that might be building up                                 | 28%   |
| Getting enough sleep (at least 8 hours)   | 49%   |
| Taking some time to relax (reading, watching films/series, meditation, mindfulness) | 63%   |
| Eating well (e.g. 5-a-day etc.)   | 57%   |

### COVID WORRIES % 'quite a lot' or more

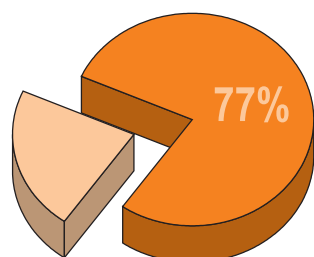
|  | Y8&10 |
|--|-------|
| Catching COVID-19/'coronavirus' yourself                       | 11%   |
| Family/friends/people you know catching COVID-19/'coronavirus' | 37%   |
| Other people catching COVID-19/'coronavirus'                   | 16%   |
| Spreading the virus yourself                                   | 26%   |
| Family/friends/people you know spreading the virus             | 18%   |
| Other people spreading the virus                               | 20%   |

# Primary school pupils in Year 2 in Hambleton (aged 6 - 7 years)

**Bold type indicates use of a table or chart.**

## BEING HEALTHY

- When asked about what they had to eat or drink before lessons on the morning of the survey, 2% (3%) said they had nothing before lessons. 84% (81%) responded that they had a drink, and 94% (92%) said that they had something to eat.
- The foods and drinks most commonly consumed on 'most days' were: fresh fruit 51% (53%); water 69% (64%); milk 44% (47%); vegetables 46% (45%); sweets or chocolate 39% (41%).
- Among the foods or drinks most commonly consumed 'never' were: fizzy drinks 27% (29%).
- 88% (85%) 'always' wash their hands after going to the toilet.
- 77% (77%) cleaned their teeth at least twice on the day before the survey.** 41% (42%) have been to a dentist in the last year.

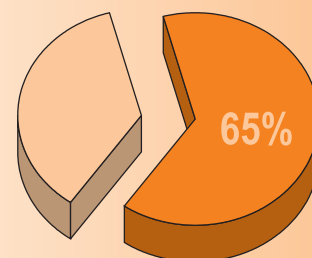


## LEISURE

- After school on the day before the survey, the most common activities were: playing at home 67% (71%); watching TV 71% (71%); reading 46% (45%).
- 69% (67%) of pupils responded that they have a set bedtime for nights when it's school the next day. 37% (37%) of pupils responded that someone usually reads them a bedtime story.
- 42% (45%) of pupils responded that they have a TV in their bedroom. 17% (20%) of pupils responded that they are allowed to watch TV after they have gone to bed.
- 78% (77%) of all pupils use a computer, tablet or mobile device to go online/ use the Internet at home. Within this 78%, 61% (59%) say an adult always knows what they are looking at online, and 28% (29%) said they have any friends on-line that they don't know in real life.

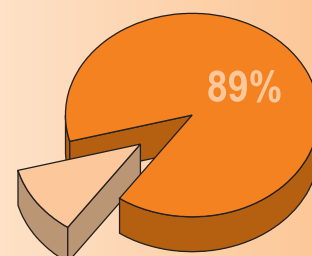
## SAFETY

- 65% (62%) use a computer, tablet or mobile device to go online/use the internet and know how to keep themselves safe on it.**
- 97% (97%) have a bike/scooter, and 85% (83%) have a bike helmet; 64% (59%) 'always' wear a bike helmet when they use their bike or scooter.
- When asked about sun safety, the percentages of pupils responding that they do the following 'sometimes' or 'always' were:**



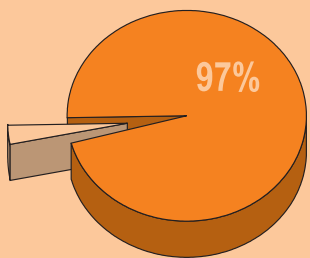
|                   | Boys      | Girls     |
|-------------------|-----------|-----------|
| Wear a hat        | 88% (82%) | 90% (85%) |
| Wear long sleeves | 41% (43%) | 32% (37%) |
| Put on sun cream  | 91% (90%) | 97% (96%) |
| Stay in the shade | 74% (70%) | 86% (84%) |

- Overall, 89% (85%) of pupils responded that they 'always' use at least one of the prevention methods listed to avoid getting sunburnt.**



- 74% (71%) 'always' feel safe at school. 54% (54%) always feel happy at school.
- 36% (35%) feel scared to be at school because of other children at least sometimes, while 19% (22%) feel scared to travel to school because of other children

**KEY**



- 97% (95%) of pupils responded that they can get water at school, while 1% (3%) said 'not easily'**

**Bold figure for District shown in chart**      **97% = District figure (95%) = N Yorks figure**

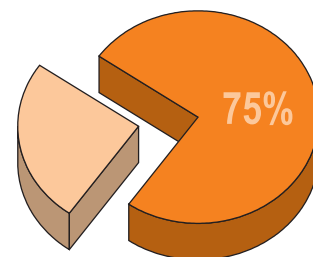
## Primary school pupils in Year 2 (aged 6 - 7 years)

### EMOTIONAL HEALTH AND WELLBEING

- We asked a question about worries. The percentages of pupils who say they worry 'most days' about different issues were:

|                  | Boys      | Girls     |
|------------------|-----------|-----------|
| School-work      | 21% (23%) | 24% (23%) |
| Being ill        | 37% (34%) | 38% (40%) |
| Friendships      | 35% (31%) | 32% (33%) |
| Family           | 51% (43%) | 49% (45%) |
| The way you look | 24% (20%) | 21% (22%) |

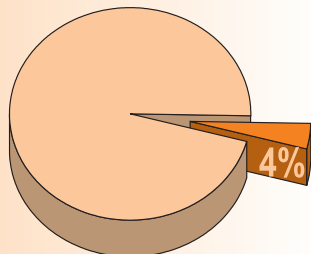
- When asked who they would turn to for support when upset or worried about the issues listed above, **adults at home** were often pupils' main source of support. Pupils who were worried or upset about school were more likely to turn to teachers; those worried about friendships would turn to friends.
- **75% (74%) of pupils responded that they worry about at least one issue 'most days'.**



## Primary school pupils in Year 6 in Hambleton (aged 10 - 11 years)

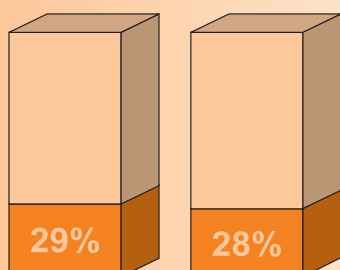
### HEALTHY EATING

- **4% (5%) had nothing to eat or drink for breakfast on the day of the survey.**
- 66% (64%) of pupils responded that they had a drink before lessons on the morning of the survey.
- 92% (89%) said that they had something to eat before lessons on the morning of the survey.



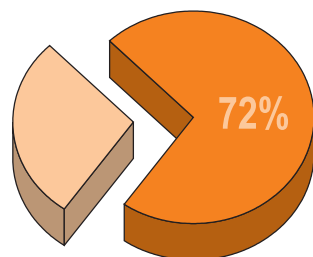
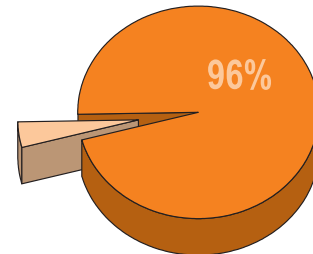
### Five-a-day

- 7% (10%) of boys and 4% (5%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- **29% (25%) of boys and 28% (26%) of girls responded that they ate at least 5 portions of fruit or vegetables on the day before the survey.**



### Drinks

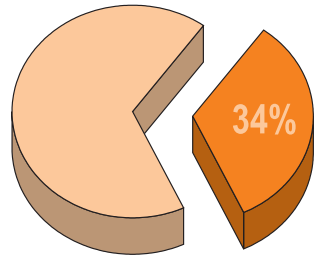
- **96% (95%) of pupils responded that they can get water at school, while 2% (3%) said 'not easily'.**
- **72% (72%) of pupils responded that they have found school lessons about healthy eating 'quite' or 'very' useful, while 4% (4%) have found them 'not at all' useful and 5% (5%) couldn't remember having any.**



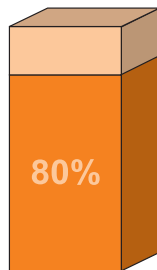
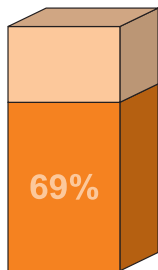
# Primary school pupils in Year 6 (aged 10 - 11 years)

## EMOTIONAL HEALTH AND WELLBEING

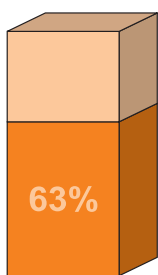
- 34% (35%) of pupils said they worried about family 'quite often' or 'very often' and 29% (28%) said they worried about falling out with friends.



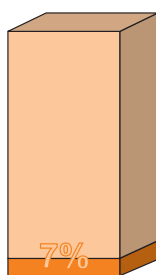
- 75% (77%) of pupils [69% of boys and 80% of girls] said they worried about at least one of the problems listed in the questionnaire 'quite' or 'very' often.



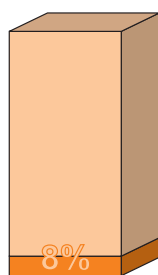
- 49% (46%) of pupils responded that they talk to someone when they have a problem or are feeling stressed.
- 63% (61%) of pupils responded that they have found school lessons about



Useful



Not useful

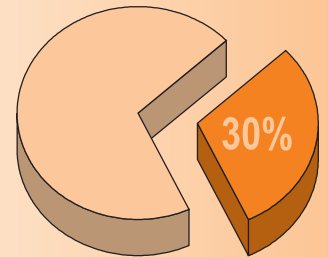


Can't remember

emotional health and wellbeing 'quite' or 'very' useful, while 7% (7%) have found them 'not useful' and 8% (11%) couldn't remember any.

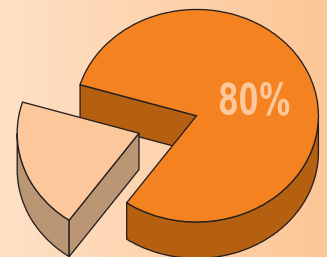
## Resilience

- 67% (67%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 52% (51%) said they ask for help.
- We calculated an overall measure of resilience from a group of related items. 20% (19%) of pupils had a low measure of resilience (0 – 19), while 30% (27%) of pupils had a high measure of resilience (26+).
- 56% (55%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from the experience for next time.



## Puberty and growing up

- 80% (74%) of pupils responded that they feel they know enough about how their body changes as they get older, while 3% (5%) feel they don't know enough.
- 27% (28%) of pupils responded that they feel 'happy' about growing up and body changes, while 4% (6%) of pupils responded that they feel 'unhappy' about growing up and body changes.
- 18% (20%) of boys and 41% (38%) of girls reported that they worry at least 'quite often' about the way they look.
- 37% (34%) of pupils responded that they have found school lessons about growing up and body changes 'quite' or 'very' useful.

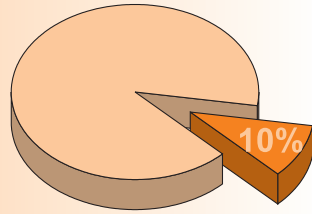


## PRIMARY

### DRUGS, ALCOHOL AND TOBACCO

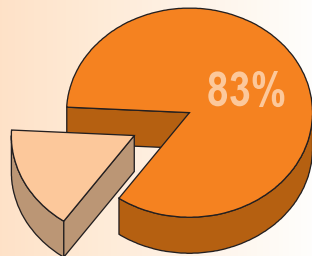
#### Drugs

- 10% (11%) of pupils responded that they are 'fairly sure' or 'certain' they know someone who uses drugs in the area where they live.
- 38% (39%) of pupils responded that they have found school lessons about medicines and drugs 'quite' or 'very' useful, while 13% (13%) have found them 'not useful' and 32% (31%) couldn't remember any.



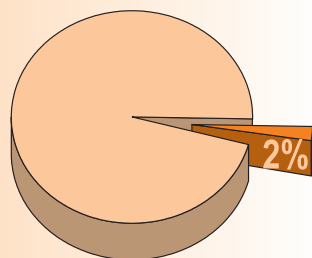
#### Alcohol

- 83% (81%) of pupils reported that they never drink alcohol and 12% (13%) drink only with their parents' knowledge.
- 4% (4%) of boys and 1% (1%) of girls said they had at least one alcoholic drink (more than just a sip) in the week before the survey.
- 33% (34%) of pupils responded that they have found school lessons about alcohol 'quite' or 'very' useful.



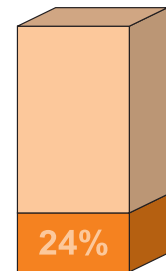
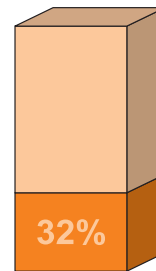
#### Tobacco

- 2% (2%) of pupils responded that they have smoked in the past or smoke now.
- 0% (0%) of pupils responded that they smoked at least one cigarette in the 7 days before the survey.
- 35% (36%) of pupils responded that they have found school lessons about smoking 'quite' or 'very' useful.

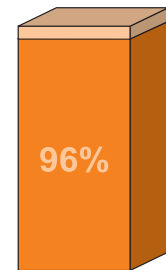
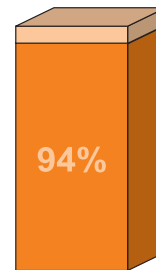


### PHYSICAL ACTIVITY

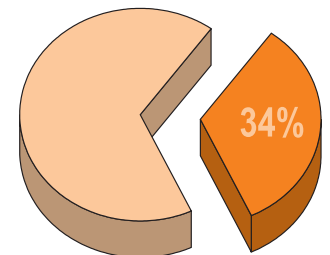
- 28% (25%) of pupils (32% (28%) of boys and 24% (23%) of girls) said that they played sports or were physically active after school on the day before the survey.



- 79% (78%) of pupils responded that they have found school lessons about physical education 'quite' or very' useful, while 4% (3%) found them 'not useful' and 3% (3%) couldn't remember any.
- 95% (96%) of pupils (94% (95%) of boys and 96% (97%) of girls) responded that they chat/talk during playtimes (including dinner times) at least 'sometimes'.

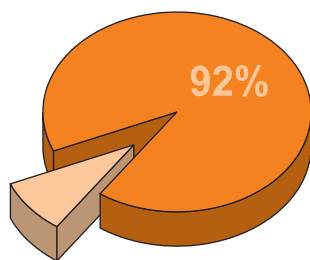


- 91% (90%) of pupils responded that they at least 'sometimes' play running/skipping gaes/tag during school outdoor breaktimes, while 74% (71%) said they play ball games like football or netball.
- 34% (37%) said they read quietly at playtime.



## HEALTH AND HYGIENE

- 92% (93%) of pupils responded that they washed their hands before lunch on the day before the survey, while 3% (3%) said they are 'not sure' if they did.

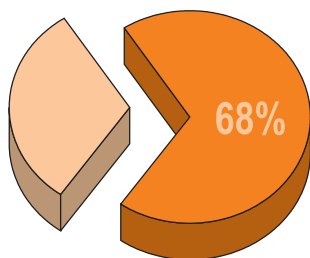


### Dental health

- 81% (79%) of pupils responded that they have been to the dentist in the last year, while 17% (19%) last went more than a year ago and 2% (2%) have never been.

### Sun safety

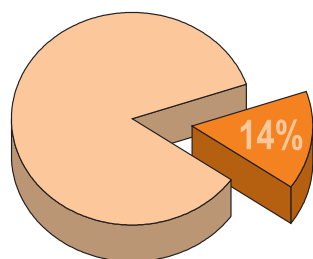
- 8% (8%) of pupils responded that they 'never' do anything to avoid sunburn.



- 68% (63%) of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

### Internet safety

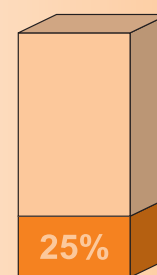
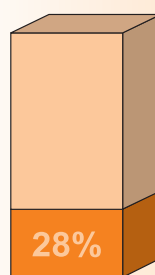
- 14% (15%) of pupils said that they communicate with people they have met online and don't know in real life.



- 11% (12%) of pupils responded that they communicate with people online by posting things that lots of people can see and 22% (26%) said they communicate with people using picture/video sharing sites/apps.
- 9% (9%) of pupils responded that they have seen pictures, videos or games they found upsetting online; 74% (77%) said they have not experienced any of the things listed in Q67.
- 26% (28%) of pupils responded that they are 'never' supe, 24% (24%) of pupils said they are never supervised, but they have a filter system (parental controls) set up on the device they use.

## Bullying

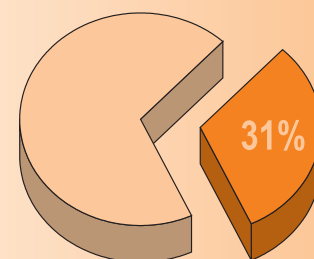
- 26% (29%) of boys and 41% (41%) of girls responded that they are at least 'sometimes' feel afraid of going to school because they may be bullied.
- 22% (21%) of pupils said that they were bullied at or near school in the 12 months before the survey, while 3% (3%) said that they bullied another pupil in the same period.
- 28% (25%) of pupils responded that they were teased/made fun of at least a 'few times' in the month before the survey, while 25% (25%) said they had been called nasty names and 15% (16%) said they had been called 'gay'.



- 29% (26%) of pupils responded that they were pushed/hit for no reason in the month before the survey, while 8% (8%) said they had belongings taken/broken.
- 73% (73%) of pupils responded that they think their school takes bullying seriously, while 7% (7%) think it doesn't take it seriously.
- 75% (73%) of pupils responded that their school deals with bullying 'quite' or 'very' well, while 8% (8%) said that bullying is not a problem in their school.

## STAYING SAFE

- 31% (30%) of pupils responded that they have had an accident in the last 12 months which was treated at a clinic or hospital.

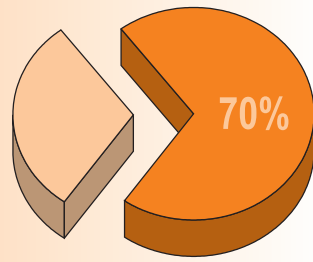


- 94% (93%) of pupils responded that they 'mostly' or 'always' feel safe at home and 87% (85%) said they feel safe at school..

## PRIMARY

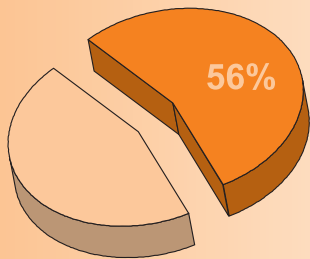
### LEISURE

- 70% (68%) of pupils responded that they watched TV/DVDs/online videos after school on the evening before the survey.
- 47% (45%) played with friends or siblings on the evening before the survey. 69% of boys and 46% of girls played computer games.
- 28% (27%) of boys and 35% (33%) of girls of girls spent time doing homework on the evening before the survey.



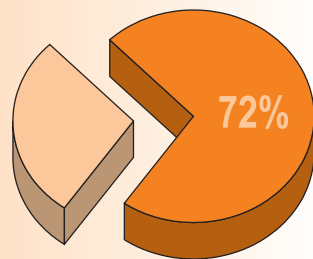
### Pupils' voice

- 56% (55%) of pupils think their ideas and opinions are asked for in school.
- 40% (39%) of pupils responded that they think the opinions of young people make a difference to decisions about what they learn in school.



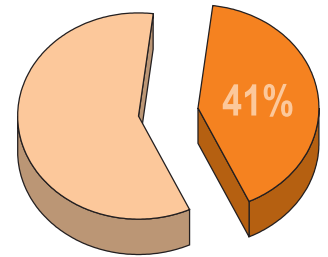
### BACKGROUND

- 85% (87%) of pupils responded that they are White British.
- 72% (67%) of the pupils in this survey live with both parents together.
- 9% (11%) of pupils responded that they get free school meals or vouchers for school meals, while 24% (22%) said they are 'not sure' if they do.
- 3% (5%) of pupils have a parent or carer in the armed forces.
- 0% (1%) say their parent or carer has been away on operations in the last 12 months.
- The lifestyles of pupils from service families have been compared with those of the whole North Yorkshire primary sample on p.15



## SCHOOL

- 88% (87%) of pupils responded that they think it is important to go to school regularly.
- 41% (41%) responded that they 'quite' or 'very' often worry about moving on to secondary school.



### Perceptions

- A series of statements were offered to pupils about their school experience, in connection with the Every Child Matters outcome areas.
- The percentage of pupils responding 'yes' were:

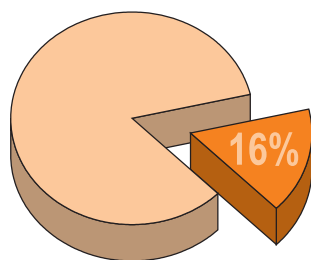
|   | Boys | Girls |
|---|------|-------|
| The school cares whether I'm happy or not                         | 66%  | 71%   |
| My work is marked so I can see how to improve it                  | 87%  | 87%   |
| Adults at school talk to me about how to improve my work          | 80%  | 74%   |
| I know my next steps in learning and what I need to do to improve | 71%  | 75%   |
| My achievements in and out of school are recognised               | 53%  | 58%   |
| The school teaches me how to deal with my feelings positively     | 62%  | 64%   |
| The school helps me work as part of a team                        | 72%  | 77%   |
| In this school, people with different backgrounds are valued      | 72%  | 80%   |
| The school encourages everyone to take part in decisions          | 76%  | 79%   |
| The school encourages me to contribute to community events        | 56%  | 54%   |
| The school prepares me for when I leave this school               | 77%  | 80%   |
| The school encourages everyone to treat each other with respect   | 89%  | 92%   |
| My teachers realise when I don't understand                       | 59%  | 65%   |
| The school encourages me to attempt difficult work                | 78%  | 77%   |
| The school tells me it's OK to make mistakes                      | 88%  | 88%   |



# Secondary school pupils in Years 8 & 10 in Hambleton (aged 12 - 13 and 14 - 15 years)

## HEALTHY EATING

16% (18%) had nothing to eat or drink before lessons on the day of the survey.



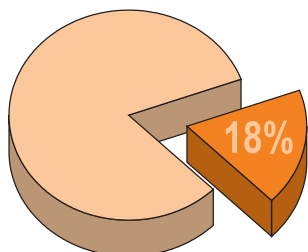
66% (64%) of pupils had a drink before lessons on the day of the survey, 68% (69%) responded that they had something to eat.

6% (6%) of pupils in the survey had no lunch on the day before the survey. 73% (75%) had a drink and 88% (89%) had something to eat.

13% (11%) of pupils responded that they ate at least 5 snacks on the day before the survey.

2% (3%) of pupils responded that they drank at least 5 fizzy drinks and/or energy drinks on the day before the survey.

18% (18%) of pupils had at least 5 portions of fruit or vegetables the day before the survey, while 9% (9%) had none at all.



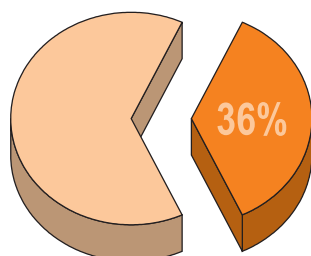
60% (64%) of pupils responded that they can get water at school, while 32% (29%) said 'not easily'.

49% (56%) of pupils found school lessons about healthy eating 'quite' or 'very' useful.

## Diet

30% (27%) say they never worry about how much they eat; 12% (13%) say they are often or always careful with their diet.

36% (35%) of pupils have ever engaged in extreme dietary behaviour, like exercising a great deal or making themselves sick.



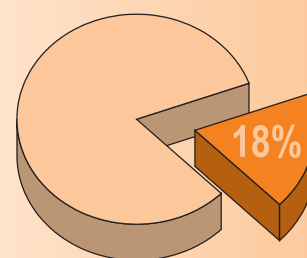
## DRUGS, ALCOHOL AND TOBACCO

### Drugs

3% (3%) of pupils said they took some form of illegal drug in the month before the survey. The most commonly taken drug in North Yorkshire was cannabis, and 8% (8%) of Year 10 pupils have ever taken it. By contrast, if we look at the second most commonly used drug, ecstasy, just 1% (2%) of Year 10 pupils have ever taken it..

### Alcohol

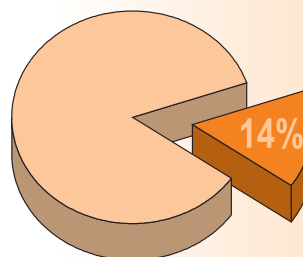
18% (18%) had at least one alcoholic drink in the week before the survey.



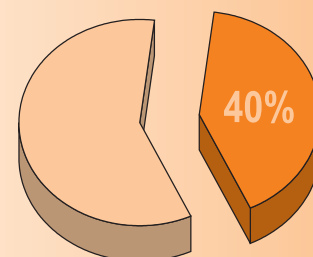
### Tobacco

14% (15%) say they have tried smoking in the past or smoke now.

2% (2%) of pupils smoked at least one cigarette in the week before the survey.



2% (3%) say they smoke 'regularly' or 'occasionally'; 40% of N Yorks pupils who smoke 'regularly' would like to give up smoking.



24% (23%) of pupils responded that someone smokes in the same room that they are in at least 'once or twice a month'; 15% (15%) said they do so at least 'once or twice a week'.

2% (3%) of pupils said they use electronic cigarettes or 'e-cigarettes' 'regularly'. 20% (23%) of pupils responded that they have at least tried electronic cigarettes or 'e-cigarettes'; 7% (6%) of pupils responded that they have 'never heard of' electronic cigarettes or 'e-cigarettes'.

**SECONDARY  
EMOTIONAL HEALTH AND WELL-BEING**

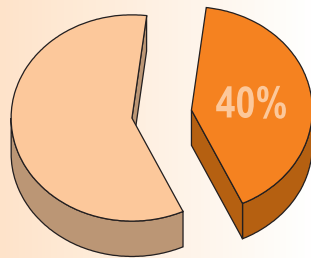
**Worries**

❑ **The three most common worries were ('often' or 'all the time'):**

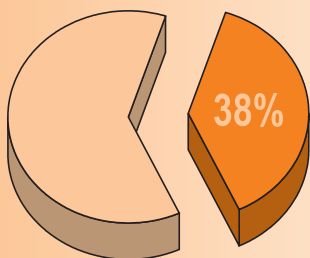
| Boys                 |     | Girls                |     |
|----------------------|-----|----------------------|-----|
| Exams and tests      | 28% | The way you look     | 50% |
| The way you look     | 14% | Exams and tests      | 46% |
| School-work problems | 14% | School-work problems | 31% |

❑ 63% (64%) of pupils worry about at least one of the problems listed in the survey 'often' or 'all of the time'.

❑ **When they have a problem or feel stressed 40% (40%) of pupils said they would talk to someone about it and 32% (37%) of pupils said they would think about it on their own. 8% (8%) of pupils responded that they cut or hurt themselves.**



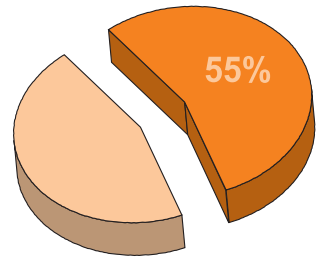
❑ **38% (45%) of pupils found their lessons about emotional health and wellbeing 'quite' or 'very' useful.**



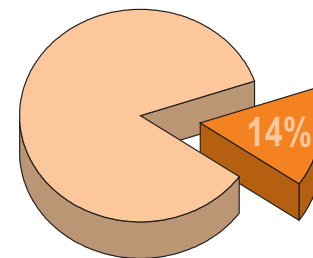
**Resilience and Wellbeing**

❑ 46% (47%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time; 29% (32%) said they get angry or upset and feel bad for ages.

❑ **55% (55%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 37% (41%) ask for help and 14% (16%) give up.**

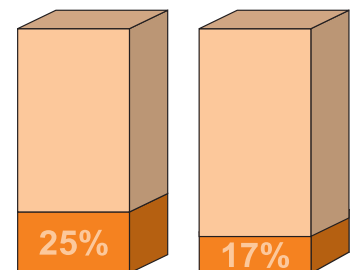


❑ We calculated an overall measure of resilience from a group of related items. 33% (33%) of pupils had a low measure of resilience (0 – 19).



❑ **14% (14%) of pupils had a high measure of resilience (26+).**

❑ 20% (19%) of pupils **(25% (26%) of boys and 17% (13%) of girls) scored a high or maximum score (28 – 35) on the Short Warwick-Edinburgh Mental Well-Being (SWEMWB) Scale.**



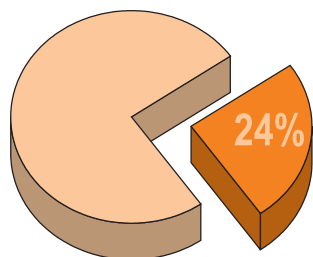
❑ 7% (8%) of pupils scored low (7 – 13) on the Wellbeing Scale

**MAKING A POSITIVE CONTRIBUTION (Pupils' Voice)**

- ❑ 60% (60%) of pupils responded that they are asked for their opinions about what they learn in school; 44% (45%) said their opinions make a difference.
- ❑ 49% (50%) of pupils responded that they are asked for their opinions about how they learn in school; 47% (48%) said their opinions make a difference.
- ❑ 47% (51%) of pupils responded that they are asked for their opinions about the school environment; 49% (52%) said their opinions make a difference.
- ❑ 36% (35%) of pupils responded that they are asked for their opinions about their community; 40% (41%) said their opinions make a difference.
- ❑ 29% (47%) of pupils responded that they have had the chance to vote for School/College Council members and 19% (28%) said they have had the chance to take part in a mock general election.

## SEXUAL HEALTH AND RELATIONSHIPS

- 47% (45%) believe there is a sexual health service for young people available locally. 19% (17%) of Year 10 pupils said that they know where they can get condoms free of charge.
- 24% (28%) of pupils found school lessons about relationships and sex education 'quite' or 'very' useful.**
- 30% (34%) responded that they found school lessons about healthy relationships 'quite' or 'very' useful, while 20% (27%) said the same about school lessons covering the topic of different relationships e.g. lesbian, gay, bisexual, trans.



### Sexual relationships: Year 10 only

- There was a series of questions that were asked only of Year 10 pupils. Firstly, they were asked about their sexual experience: 0% (0%) of Year 10 respondents are in a relationship and thinking about having sex.
- 6% (6%) of Year 10 pupils have had a sexual relationship in the past and 5% (5%) report that they are currently in a sexual relationship (that is, overall 11% (11%) have had sex).
- If they have had sex, we wanted to know if they always used a method of protection or contraception: 39% (47%) said 'yes' and 10% (12%) were 'not sure'.

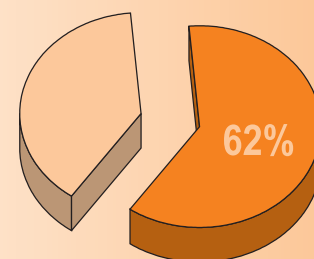
### The percentage of Year 10 pupils responding that they have experienced the following in a relationship with a boyfriend/girlfriend/partner:

| Year 10   | Overall   |
|---|-----------|
| Used hurtful or threatening language to me                    | 8% (11%)  |
| Was angry or jealous when I wanted to spend time with friends | 15% (21%) |
| Kept checking my phone  | 8% (9%)   |
| Threatened to tell people things about me                     | 5% (8%)   |
| Threatened to hit me  | 5% (4%)   |

- 53% (52%) of Year 10 pupils responded that if any of the things listed happened to them, they would look after themselves without help. 49% (50%) responded that they would know where to get help.

## PHYSICAL ACTIVITY

- 62% (61%) said they find it 'quite' or 'very' easy to be as physically active as they like.**

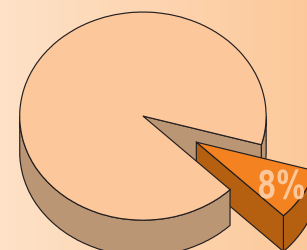


## BACKGROUND

- 91% (87%) of pupils describe themselves as White British.
- 68% (67%) of the pupils in this survey live with both parents together.
- 7% (8%) of pupils have free school meals.
- 10% (8%) of pupils have a special educational need or learning difficulty.
- 10% (11%) of pupils have a disability or long-standing illness.

## Service families

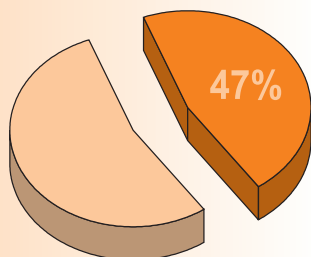
- 8% (5%) of pupils report they have a parent/carer who is in the armed forces.**
- 36% (29%) of pupils from service families say they worry 'quite a lot' or 'a lot' about their family member when they are away.
- The lifestyles of pupils from service families have been compared with those of the whole North Yorkshire secondary sample on p.15-16.



## SECONDARY

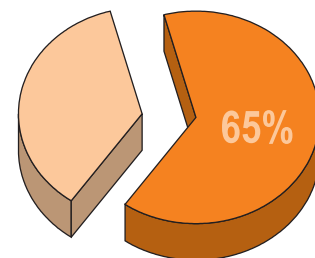
### ENJOYING AND ACHIEVING

- 63% (66%) of pupils report enjoying at least half of their school lessons.
- 30% (35%) of boys and 50% (45%) of girls said they want to continue in full time education at the end of their course.
- 47% (51%) of pupils responded that they intend to apply for higher education in the future**, while 45% (41%) said they are 'not sure' if they do.
- 21% (19%) of pupils responded that they have had enough information and guidance about their options after Year 11, including apprenticeships, while 38% (43%) said they haven't had enough information and guidance.



### Homework

- 65% (71%) of pupils did homework on the evening before the survey. 18% (27%) reported they did more than an hour.**
- The school lessons most often described 'quite' or 'very' useful (not already listed in the report) were those about drugs (49% (51%)), prejudice, discrimination and bullying (48% (53%)) and religious education (37% (45%)).



### LEISURE AND WORK

- 88% (87%) responded that they had spent some time the night before the survey using social media.
- 82% (84%) watched some TV, DVDs or online videos the previous night and 17% (16%) watched for over 3 hours.
- 13% (14%) of the pupils in this survey have a regular paid job.

### *Pupils' Perceptions*

A series of statements were offered to pupils about their school experience.

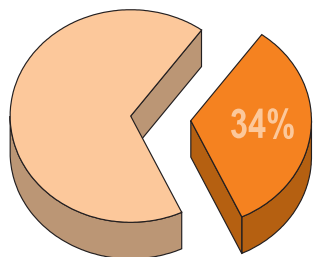
#### The percentage of pupils responding 'agree' were:

|  | Male      | Female    |
|--|-----------|-----------|
| The school cares whether I am happy or not                                 | 41% (47%) | 40% (40%) |
| My work is marked so I can see how to improve it                           | 70% (77%) | 70% (71%) |
| Adults at school talk to me about how to improve my work                   | 66% (66%) | 62% (58%) |
| I know my next steps in learning and what I need to do to improve          | 56% (56%) | 50% (47%) |
| My achievements in and out of school are recognised                        | 38% (36%) | 32% (31%) |
| The school teaches me to deal with my feelings positively                  | 29% (35%) | 28% (28%) |
| The school helps me work as part of a team                                 | 36% (48%) | 46% (48%) |
| In this school people with different backgrounds are valued                | 59% (68%) | 66% (69%) |
| The school encourages everyone to take part in decisions                   | 55% (62%) | 63% (64%) |
| I have chances to discuss sensitive issues in class e.g. extremism         | 32% (40%) | 32% (38%) |
| The school encourages me to contribute to community events                 | 35% (40%) | 37% (35%) |
| The school prepares me for when I leave this school                        | 53% (56%) | 51% (50%) |
| The school encourages everyone to treat each other with respect            | 77% (83%) | 79% (82%) |
| My teachers realise when I don't understand                                | 37% (37%) | 29% (26%) |
| The school encourages me to attempt difficult work                         | 68% (75%) | 67% (70%) |
| The school tells me it's OK to make mistakes                               | 57% (68%) | 57% (62%) |
| I am prepared to try something I am not used to or not so good at          | 54% (62%) | 50% (49%) |
| I have the opportunity to use things I have learnt in different situations | 42% (51%) | 43% (46%) |
| Sometimes I have a choice of different ways to learn about something       | 39% (42%) | 37% (41%) |
| At school, I am encouraged to try different ways to do things              | 39% (49%) | 43% (48%) |

- Young people who are from ethnic minorities and/or are worried about being different in culture or religion are over-represented among those who disagree that 'In this school people with different backgrounds are valued'.

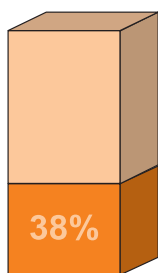
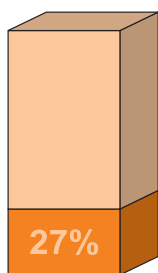
### STAYING SAFE

- 34% (34%) said they were treated for an accident at a clinic or hospital in the twelve months before the survey.
- 8% (7%) of pupils said they have carried weapons when going out at least 'sometimes'.
- 9% (7%) reported that they were a victim of violence or aggression in the area where they live, in the twelve months before the survey.



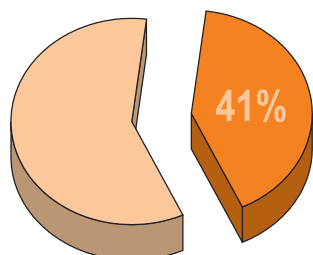
### Bullying

- 17% (17%) of pupils said that they had been bullied at or near school in the last 12 months.
- 27% (25%) of pupils responded that they have been pushed/hit for no reason in the last month. Other common negative behaviours were being teased/made fun of 38% (40%), being called gay 23%



(21%), and being called nasty names 28% (27%).

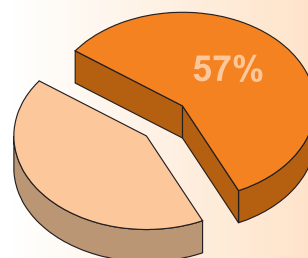
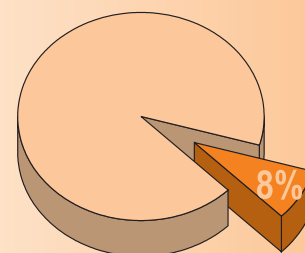
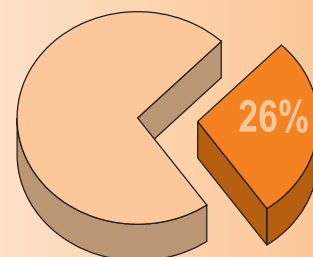
- 27% (25%) of pupils responded that they experienced negative behaviour outside at school during breaktimes in the month before the survey; 14% (14%) said they experienced such behaviour during lesson time.



- 41% (45%) of pupils reported that they think their school deals with bullying well, or that bullying isn't a problem in their school.

### Internet safety

- 93% (93%) of pupils responded that they communicate with friends and family they know in real life online.
- 26% (25%) of pupils (26% (25%) of boys and 23% (22%) of girls) responded that they communicate with people they have met online and don't know in real life.
- 47% (44%) of pupils responded that they communicate with people through online games, while 46% (49%) said they do so through picture/videos sharing sites/apps.
- 10% (13%) of pupils responded that they have seen pictures, videos or games they found upsetting online.
- 17% (18%) of pupils said that they have experienced someone writing or showing things to hurt or upset them online (with text, pictures or video).
- 8% (8%) said that they have sent personal information or images to someone and afterwards wished they hadn't done or had thought more about doing so.
- 12% (12%) of pupils responded that they worry about feeling pressure from social media 'often' or 'all the time'.



- 57% (61%) of pupils responded that they found school lessons about keeping safe online 'quite' or 'very' useful.

## Changes in Hambleton since 2018

- ❑ With a large sample and many questions, there are many significant differences to be seen. We have listed just the largest and most important of them here. For this analysis we have used only those schools which took part in the survey in 2018 and in 2020, so the figures on this page may be different to those used in the rest of the report.
- ❑ If a trend continues (or contradicts) earlier findings, this has been noted.

### Changes in Hambleton since 2018 - Year 2

#### Positive changes

- ❑ 'always' wear a helmet when using a bike, scooter, skates or skateboard (47% in 2018 vs 64% in 2020)
- ❑ 'always' use at least one of the prevention methods listed to avoid getting sunburnt (74% in 2018 vs 89% in 2020)
- ❑ 'always' wash their hands after visiting the toilet (74% in 2018 vs 88% in 2020)
- ❑ someone usually reads them a bedtime story (26% in 2018 vs 37% in 2020)

#### Emerging data for consideration

- ❑ eat fresh fruit on 'most days' (63% in 2018 vs 51% in 2020)

### Changes in Hambleton since 2018 - Year 6

#### Positive changes

- ❑ washed their hands before lunch on the day before the survey (79% in 2018 vs 95% in 2020)
- ❑ have been bullied at or near school in the last 12 months (25% in 2018 vs 16% in 2020)
- ❑ drink alcohol and their parents 'always' know (22% in 2018 vs 15% in 2020)

#### Emerging data for consideration

- ❑ worry about at least one of the issues listed 'quite' or 'very' often (62% in 2018 vs 77% in 2020)
- ❑ played computer/video games after school on the day before the survey (45% in 2018 vs 60% in 2020)
- ❑ had a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale (46% in 2018 vs 35% in 2020)
- ❑ when something goes wrong they 'usually' or 'always' get angry or upset and feel bad for ages (17% in 2018 vs 24% in 2020)
- ❑ got at least eight hours sleep the night before the survey (91% in 2018 vs 85% in 2020)

### Changes in Hambleton since 2018 - Year 8/10

#### Positive changes

- ❑ haven't had enough information and guidance about their options after Year 11, including apprenticeships (53% in 2018 vs 38% in 2020)
- ❑ have smoked in the past or smoke now (26% in 2018 vs 14% in 2020)
- ❑ had an alcoholic drink in the 7 days before the survey (27% in 2018 vs 18% in 2020)
- ❑ their school deals with bullying 'quite' or 'very' well, or said that bullying is not a problem in their school (32% in 2018 vs 41% in 2020)
- ❑ have been bullied at or near school in the last 12 months (25% in 2018 vs 17% in 2020)

#### Emerging data for consideration

- ❑ can get water at school (74% in 2018 vs 60% in 2020)
- ❑ know an adult they trust who they can talk to if they are worried about something (75% in 2018 vs 67% in 2020)
- ❑ talk to someone if they have a problem or feel stressed (48% in 2018 vs 40% in 2020)
- ❑ worry about the way they look 'often' or 'all the time' (33% in 2018 vs 41% in 2020)

## Differences between Hambleton and the whole of North Yorkshire

This table lists the most significant differences between the pupils' responses in this district and those of pupils in North Yorkshire as a whole. There were more differences found than are listed here.

| Hambleton | North Yorkshire | Year 2  |
|-----------|-----------------|---|
| 54%       | 42%             | <b>could talk to someone at school 'most of the time' during the lockdown if they were worried about anything</b> |
| 83%       | 77%             | <b>do one or more of the physical activities listed in the questionnaire at least 'twice a week' at school</b>    |
| Hambleton | North Yorkshire | Year 6  |
| 16%       | 21%             | <b>have been bullied at or near school in the last 12 months</b>  |
| 72%       | 67%             | <b>if at first they don't succeed, they 'usually' or 'always' keep on trying until they do</b>                    |
| 91%       | 87%             | <b>their work is marked so they can see how to improve it</b>   |
| 43%       | 48%             | <i>do five or more hours of physical activity in a typical week in school</i>                                     |
| Hambleton | North Yorkshire | Year 8 & Year 10  |
| 13%       | 9%              | <i>have found school lessons about prejudice, discrimination and bullying 'not at all' useful</i>                 |
| 29%       | 47%             | <i>have had the chance to vote for School/College Council members</i>   |
| 38%       | 45%             | <i>have found school lessons about emotional and mental health and wellbeing 'quite' or 'very' useful</i>         |
| 42%       | 48%             | <i>have the opportunity to use things they have learnt in different situations</i>                                |
| 71%       | 76%             | <i>usually' or 'always' feel safe at school</i>   |
| 48%       | 53%             | <i>have found school lessons about prejudice, discrimination and bullying 'quite' or 'very' useful</i>            |
| 11%       | 8%              | <i>responded that they have witnessed sexual harassment at school</i>   |

□ **Bold=positive finding, italic=emerging issue.**

# Equality Monitoring in North Yorkshire 2020

Information is collected about social identities among pupils in North Yorkshire. We have done some analysis to see if the behaviours we see among young people in our county are different if they are to be found under one of the social identity headings shown in the table to the right. We show the results for Year 6/10 pupils below.

| Percentages in each year from social identity groups | Year 2 | Year 6 | Year 8 | Year 10 |
|--|--------|--------|--------|---------|
| Ethnic minority                                      | 8      | 10     | 12     | 12      |
| Minority religion (non-Christian)                    | NA     | 2      | 4      | 4       |
| Young carer  | NA     | 5      | 4      | 4       |
| Children in care                                     | 1      | <1     | <1     | <1      |
| Single-parent family                                 | 14     | 14     | 13     | 15      |
| Special educational needs (SEN)                      | 10     | 10     | 7      | 8       |
| Disability or long-term illness                      | 2      | 11     | 11     | 11      |
| Free school meals                                    | 19     | 11     | 8      | 8       |
| Armed forces family                                  | 5      | 5      | 5      | 5       |
| Lesbian, gay or bisexual (LGB)                       | NA     | NA     | 14     | 13      |
| Transgender  | NA     | NA     | <1     | 1       |

## Year 6 results

**\*99 Statistically significant difference.**

**Shaded** a significant difference was previously found for the equivalent result in 2018

Figures in main part of table are percentages

|   | All  | Male       | Female     | Ethnic minority | Minority religion | Young Carer | Children in care | Single-parent family | Special educational needs | Disability or long-term illness | Free school meals | Armed forces family |
|---|------|------------|------------|-----------------|-------------------|-------------|------------------|----------------------|---------------------------|---------------------------------|-------------------|---------------------|
|   | 3960 | 1966       | 1818       | 366             | 69                | 200         | 15               | 560                  | 373                       | 424                             | 423               | 187                 |
| Eat 5-a-day   | 25   | 25         | 26         | 29              | 33                | 22          | 29               | <b>*17</b>           | 22                        | 26                              | <b>*19</b>        | 23                  |
| Ever tried smoking  | 2    | 2          | 1          | 1               | 1                 | <b>*5</b>   | 0                | 3                    | <b>*5</b>                 | 2                               | <b>*4</b>         | 4                   |
| Drank last week   | 3    | <b>*4</b>  | <b>*1</b>  | <b>*1</b>       | 0                 | 4           | 0                | 3                    | 4                         | 3                               | 3                 | 3                   |
| High wellbeing score  | 35   | <b>*39</b> | <b>*32</b> | 36              | 38                | 29          | 8                | <b>*24</b>           | 29                        | 35                              | <b>*29</b>        | 30                  |
| High resilience score   | 27   | 27         | 28         | 29              | 34                | 27          | 8                | 22                   | 22                        | 28                              | 22                | 23                  |
| Low wellbeing score   | 19   | <b>*15</b> | <b>*22</b> | 19              | 16                | <b>*30</b>  | 17               | <b>*30</b>           | <b>*30</b>                | 19                              | <b>*27</b>        | 24                  |
| Low resilience score  | 19   | <b>*17</b> | <b>*21</b> | 19              | 23                | 24          | 23               | <b>*28</b>           | <b>*30</b>                | 22                              | 23                | 25                  |
| Bullied at school last year                                       | 21   | <b>*22</b> | <b>*20</b> | 18              | 22                | <b>*35</b>  | 31               | <b>*28</b>           | <b>*33</b>                | <b>*27</b>                      | <b>*30</b>        | 25                  |
| Worry about health  | 18   | 18         | 18         | <b>*23</b>      | <b>*32</b>        | <b>*32</b>  | 21               | <b>*24</b>           | <b>*27</b>                | 20                              | <b>*27</b>        | 18                  |
| Worry about moving on to secondary school                         | 41   | <b>*37</b> | <b>*45</b> | 36              | 38                | <b>*61</b>  | 57               | 44                   | 47                        | 41                              | 45                | 45                  |
| Had accident last year  | 30   | <b>*32</b> | <b>*27</b> | 32              | 23                | <b>*44</b>  | 15               | 32                   | <b>*38</b>                | 35                              | 34                | 34                  |
| The school encourages everyone to treat each other with respect   | 90   | 89         | 91         | 89              | 97                | 84          | 85               | 88                   | 82                        | 93                              | 83                | 84                  |
| I know my next steps in learning and what I need to do to improve | 73   | 80         | 79         | 78              | 88                | 63          | 69               | 69                   | <b>*60</b>                | 71                              | 67                | 73                  |
| Pupils' views and opinions asked for in school                    | 55   | <b>*53</b> | <b>*58</b> | 49              | 56                | 52          | 46               | 50                   | 48                        | 59                              | 54                | 58                  |



# Equality Monitoring in North Yorkshire 2020

Year 10

Sample N

|   | All 3329 | Males 1579 | Females 1585 | Ethnic minority 391 | Minority religion 117 | Young Carer 137 | Children in care 8 | Single-parent family 513 | Special educational needs 255 | Disability or long-term illness 362 | Free school meals 259 | Armed forces family 139 | LGB 394 | Transgender 16 |
|---|----------|------------|--------------|---------------------|-----------------------|-----------------|--------------------|--------------------------|-------------------------------|-------------------------------------|-----------------------|-------------------------|---------|----------------|
| Eat 5-a-day   | 17       | 18         | 16           | 16                  | 21                    | 16              | 13                 | 15                       | 16                            | 19                                  | *10                   | 13                      | 14      | 15             |
| Ever tried smoking  | 22       | *20        | *24          | 22                  | 19                    | *34             | 38                 | *30                      | *31                           | 24                                  | *36                   | *36                     | *32     | 31             |
| Drank last week   | 26       | 31         | 30           | *18                 | *13                   | 31              | 13                 | 26                       | 32                            | 29                                  | 31                    | *36                     | *33     | 31             |
| Ever taken drugs  | 12       | 13         | 13           | 13                  | 9                     | *19             | 25                 | *19                      | 14                            | 12                                  | 14                    | *19                     | *16     | 23             |
| High wellbeing score  | 17       | *25        | *9           | 17                  | 21                    | *6              | 14                 | *11                      | 13                            | 14                                  | *10                   | 11                      | *5      | 0              |
| High resilience score   | 11       | *19        | *8           | 13                  | 17                    | *4              | 13                 | 9                        | *6                            | 10                                  | *4                    | 7                       | *2      | 0              |
| Low wellbeing score   | 8        | *4         | *10          | 10                  | 13                    | *19             | 29                 | *13                      | *13                           | 11                                  | *15                   | 12                      | *21     | *54            |
| Low resilience score  | 36       | *31        | *54          | 37                  | 30                    | *47             | 63                 | *45                      | *48                           | 42                                  | *49                   | 43                      | *60     | 67             |
| Bullied at school last year                                       | 16       | *13        | *16          | 14                  | 16                    | *35             | 13                 | *23                      | *33                           | *27                                 | *30                   | 21                      | *33     | *60            |
| Worry about money   | 12       | *7         | *15          | *19                 | 18                    | *24             | 14                 | *18                      | 16                            | *18                                 | *21                   | 16                      | *27     | *33            |
| Worry about being different                                       | 9        | *2         | *7           | *19                 | *28                   | *21             | 14                 | *15                      | *15                           | *13                                 | *14                   | 10                      | *46     | *75            |
| Sexually active   | 11       | *10        | *12          | 11                  | 5                     | 15              | 14                 | *15                      | 15                            | 12                                  | *16                   | *17                     | *18     | 15             |
| Know where to get free condoms                                    | 17       | *19        | *14          | 16                  | 11                    | 20              | 14                 | 20                       | 21                            | 16                                  | *23                   | *27                     | 17      | 8              |
| Had accident last year  | 33       | *37        | *29          | 31                  | 34                    | *44             | 14                 | 35                       | *47                           | *44                                 | 31                    | *43                     | 34      | 58             |
| Enjoy at least half of school lessons                             | 65       | *69        | *63          | 67                  | 67                    | 56              | 63                 | *57                      | *53                           | 64                                  | 55                    | 59                      | 58      | 40             |
| Intend FTE after Y11  | 46       | *39        | *52          | *59                 | *64                   | 39              | 38                 | 42                       | *36                           | 47                                  | 39                    | 40                      | 51      | 21             |
| Term-time job   | 20       | 19         | 20           | *15                 | *11                   | 24              | 25                 | 18                       | 20                            | 19                                  | 18                    | 17                      | *15     | 20             |
| The school encourages everyone to treat each other with respect   | 78       | 80         | 78           | 74                  | 71                    | 64              | 63                 | *70                      | *65                           | 74                                  | 71                    | 76                      | *66     | 71             |
| Adults at school talk to me about how to improve my work          | 60       | *64        | *57          | 61                  | 63                    | 52              | 63                 | 55                       | *50                           | 57                                  | 59                    | 64                      | *51     | 64             |
| I know my next steps in learning and what I need to do to improve | 49       | *55        | *45          | 49                  | 59                    | *32             | 63                 | 46                       | *40                           | 46                                  | 46                    | *36                     | *41     | 29             |
| Pupils' views make a difference in school                         | 58       | *53        | *57          | 61                  | 58                    | 59              | 38                 | 58                       | 54                            | 60                                  | 63                    | 56                      | 57      | 67             |
| Getting on better with family since lockdown <b>NEW</b>           | 50       | *54        | *48          | 49                  | 60                    | 48              | 71                 | 45                       | 53                            | 47                                  | 47                    | 50                      | *37     | 38             |

\*99 Statistically significant difference.

Shaded a significant difference was previously found for the equivalent result in 2018

## Key Contacts

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