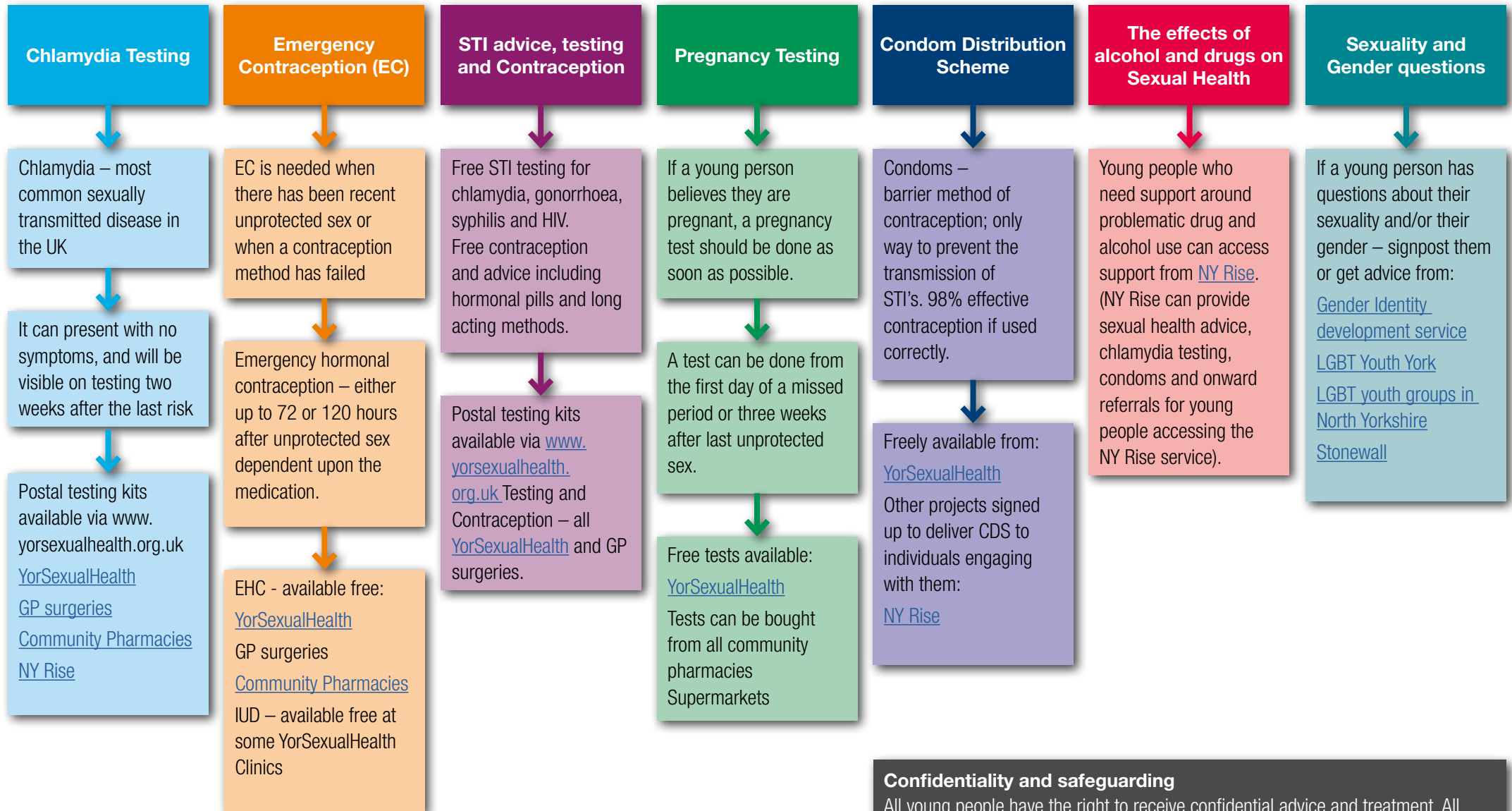


Sexual Health Support for Young People



Confidentiality and safeguarding

All young people have the right to receive confidential advice and treatment. All professionals have a duty of confidentiality to young people including under 16s. In situations where the health, safety or welfare of the young person or others are at risk, and when its in their best interest, professionals may need to share information with other professionals.

Services available in North Yorkshire and what they do

ABORTION SERVICES – Provide free abortion treatment, advice and support; access via self-referral or through GP.

BPAS: Tel: 03457 30 40 30 www.bpas.org

MSI Reproductive Choices

Tel: 0345 300 8090 www.mschoices.org.uk

YORSEXUALHEALTH – YorSexualHealth Offer a range of sexual health and contraception services across North Yorkshire. This includes tests and treatments for sexually transmitted infections (STIs) and HIV, a range of contraception options including long acting reversible contraception, free condoms, online testing, counselling and advice Information about local services can be found on their website: www.yorsexualhealth.org.uk or by calling the central information and booking line Tel: 01904 721 111

YorSexualHealth's Specialist Clinical Outreach Team

Our clinical outreach team offer clinical services to Most at risk Populations(MARPS) in York and North Yorkshire including STI testing/treatment/ vaccinations and contraception - [Website](#)

Primary Care Provision

GP practices – LARC provision by GP Condom Distribution; Chlamydia Screening.

Community Pharmacies –

EHC/Condom Distribution; Chlamydia Screening.

NY RISE - NY Rise offer specialist drug and alcohol support to young people aged 10-19 and up to 24 years with Special Educational Needs or Disability. NY Rise offer structured one to one interventions to young people. As part of this support NY Rise offers condom distribution, chlamydia testing, sexual health and relationship advice and onward referral for Blood Bourne Virus testing where appropriate.

To access free help, advice and practical support you can contact NY Rise: 01723 330730 (option 2) Freephone: 08000 141480 (option 2) Email: NYYP.admin@Humankindcharity.org.uk

NORTH YORKSHIRE YOUTH – North Yorkshire Youth provides free condoms and chlamydia testing to young people at direct delivery clubs across county. For a list of these clubs please see www.nyy.org.uk

Mental health and wellbeing support is also available for those young people struggling with their identity, having issues around sexual health or whose sexuality is negatively impacting their lives and wellbeing. This is a youth mentoring service with face-to-face appointments available in Scarborough, Whitby, Filey, Skipton, Thirsk and Northallerton. Countywide appointments can be made virtually. To find out more or to make a referral contact clare@nyy.org.uk or ring North Yorkshire Youth on 01845 522145.

HEALTHY CHILD TEAM – Harrogate and District Foundation Trust provide a service to children and young people who are in the safeguarding and children in care arena. Within this service we would offer general sexual health advice and signpost young people to partner services for sexual health advice and support. For information on our service or to make a referral please contact our Single Point of Contact on 03003 030916.

Harrogate and District Foundation Trust provide an Emotional Health and Resilience service. This is a targeted low-level service. Within this service we would signpost young people to partner services for sexual health advice and support. For information on our service or to make a referral please contact our Single Point of Contact on 03003030916.

NYCC CHILDREN & FAMILIES SERVICE – EARLY HELP

– is available to provide support for children, young people and their families when issues of sexual health or sexuality are negatively impacting their lives and wellbeing. This could be via direct work or through signposting or referral to other appropriate services. You can contact the Customer Service Centre on Tel: 01609 780780 for more information or to make a referral.

GENDER IDENTITY DEVELOPMENT SERVICE – is the national highly specialised clinic for children and young people presenting with issues around gender identity. Any professional can refer to the service (they do not accept family or selfreferrals). Further information can be accessed at their website: gids.nhs.uk

LGBT SUPPORT GROUPS IN NORTH YORKSHIRE

– a list of the LGBT groups can be accessed at cyps.northyorks.gov.uk/equalities-and-diversity in the LGBT guidance for professionals who work with children and young people.

