



Resources for SEND learners to support effective teaching of the PSHE curriculum

The majority of resources identified in this list are free for schools to access and will help to support the teaching and learning across a range of topics. It is acknowledge that there are further resources available and those contained within the list are only suggestions that are not being endorsed by NYCC but they have either been suggested by schools or developed by organisations to help support the delivery of effective PSHE. Before using any of the resources a school needs to make themselves familiar with the resource and ensure it meets the schools ethos and needs of their pupils. All information was correct in September 2022.

PSHE association - PSHE education for pupils with SEND hub	https://pshe-association.org.uk/guidance/ks1-4/send
Relationships and Sex Education	
Scottish RSE programme of study - Resources for SEND learners	https://rshp.scot/complex-asn/
Able 2 Learn – range of social stories and downloadable resources to support PSHE themes	https://able2learn.com/
Body Sense – RSE and SEND resources (there is a cost) Picture cards and teaching notes / resources to support teaching about relationships, sexuality and periods	http://bodysense.org.uk/wordpress/?page_id=287
Leeds RSE and SEND resource - Puberty & Sexuality for Children and Young People with a Learning Disability (a lot of visual resources)	https://leedssexualhealth.com/professional-area/puberty-and-sexuality
Mencap information and resources to support RSE	https://www.mencap.org.uk/advice-and-support/relationships-and-sex/relationships-and-sex-resources

Information and supporting resources for SEND learners from the NSPCC on healthy relationships	https://learning.nspcc.org.uk/safeguarding-child-protection-schools/promoting-healthy-relationships
NSPCC ‘Whats in your Pants’ resources in Makaton, British sign language and subtitles and resources for parents / carers	https://learning.nspcc.org.uk/research-resources/schools/pants-teaching#heading-top
Stonewall (LGBT) resource to support SEND learners Stonewall Widget LGBT posters	https://www.stonewall.org.uk/our-work/campaigns/supporting-lgbtq-children-and-young-people-send https://www.stonewall.org.uk/system/files/stonewall_widget_posters.pdf
Anatomically correct dolls (there is a cost) Reproductive organ display (male and female) (there is a cost)	https://www.tts-group.co.uk/anatomically-correct-multicultural-dolls/1000824.html?cgid=Primary-PSHE-Topics https://www.tts-group.co.uk/reproductive-organ-display-vests/1005784.html?cgid=Primary-PSHE-Topics
Books for young people on the autism spectrum (there is a cost): <ul style="list-style-type: none"> • The growing up guide for girls • The growing up guide for boys • Sexuality and relationships education for Children and Young People Author: Davida Hartman	
Book (there is a cost) The Autism Friendly Guide to Periods- Robyn Steward	
Books (there is a cost) <ul style="list-style-type: none"> • What's Happening to Ellie?: A book about puberty for girls and young women with autism and related conditions • What's Happening to Tom?: A book about puberty for boys and young men with autism and related conditions Author: Kate Reynolds	
We all grieve a book to support SEND children and young people (there is a cost)	https://shop.winstonswish.org/products/we-all-grieve
Online Safety	
Childnet – online safety STAR SEND toolkit – an online safety teaching toolkit for educators to deliver with SEND learners aged 11+	https://www.childnet.com/resources/star-send-toolkit/
Childnet – online safety.	https://www.childnet.com/what-we-do/our-projects/thrive-online/

Thrive Online – teaching resources for SEND learners aged 11+ looking at healthy relationships, digital wellbeing and online pornography	
Online safety – Internet matters Information for parents / carers and young people with additional needs Internet matters support materials and resources to support SEND learners Internet matters - Life online for children with SEND Insight report on how children with additional learning needs interact on social media	https://www.internetmatters.org/connecting-safely-online/ https://www.internetmatters.org/?s=SEND https://www.internetmatters.org/about-us/life-online-for-children-with-send-insight-report/
Drug and Alcohol	
Alcohol education trust - Picture and story led activities resources for children with Special Educational Needs or English as a Second Language.	https://alcoholeducationtrust.org/teacher-area/visual-rich-resources/
PSHE association drug and alcohol lessons for SEND learners	https://pshe-association.org.uk/drugeducation
Physical Activity and Healthy Eating	
Physical activity guidelines: disabled children and disabled young people (infographics)	https://www.gov.uk/government/publications/physical-activity-guidelines-disabled-children-and-disabled-young-people
nutrition beans bags (there is a cost)	https://www.tts-group.co.uk/nutrition-bean-bags/1017800.html
healthy food bag (there is a cost)	https://www.tts-group.co.uk/healthy-food-bag/1018304.html