



Day 1: 23/11/2022 08:45 - 17:00

Title: ASIST: Applied Suicide Intervention Skills Training - Day 1

Venue: Evolution Business Centre, Northallerton (Please - report to reception on arrival), Evolution Business Centre, County Business Park, Darlington Road, Northallerton, North Yorkshire, DL6 2NQ

Trainer: ASK suicide prevention trainer

NYES School Improvement & Early Years

ASIST: Applied Suicide Intervention Skills Training

Applied Suicide Intervention Skills Training (ASIST) is an accredited two day, interactive training that prepares professionals to provide suicide first aid interventions

Outline

Applied Suicide Intervention Skills Training (ASIST) is a two-day interactive workshop in suicide first aid and more. ASIST teaches participants to recognise when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety

Attendance is required on both days

Wednesday 23rd November and Thursday 24th November

Description

After taking ASIST, you will be better able to:

- Be suicide alert – identify people who have thoughts of suicide
- Understand the reasons behind thoughts of suicide and the reasons for living
- Assess risk and safety – develop a plan to increase the safety of the person at risk of suicide
- Recognise invitations for help
- Recognise potential barriers of seeking help
- Offer support – recognise other important aspects of suicide prevention including life-promotion and self-care
- Effectively apply a suicide intervention model
- Link people with community resources

Outcome

The trainers focus on providing participants with the knowledge and skills to:

- recognise risk
- develop safe plans to reduce the risk of suicide
- increase the safety of the person

Booking Information

Attendance is required on both days

Wednesday 23rd November and Thursday 24th November

Please ensure that it is the DELEGATE information that is booked.

You will be provided with lunch and refreshments over the 2 days.

If you have any questions or problems joining the meeting, please call 01609 798864 or email schoolimprovementservice@northyorks.gov.uk

Programme

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Day 2 24/11/2022 08:45 - 17:00

Title: ASIST: Applied Suicide Intervention Skills Training - Day 2

Venue: Evolution Business Centre, Northallerton (Please / report to reception on arrival), Evolution Business Centre, County Business Park, Darlington Road, Northallerton, North Yorkshire, DL6 2NQ

Trainer: ASK suicide prevention trainer, ASK suicide prevention trainer

Code: SI-1122-T001

Price per delegate: £0.00

Sign up deadline: N/A