



Healthy Schools Training Dates 2023-2024

The North Yorkshire & York Healthy Schools Programme

The North Yorkshire & York Healthy Schools Programme goes from strength to strength each academic year. 77% of schools in North Yorkshire have registered with the programme and 117 schools have achieved an award. We welcome York schools some of whom started the award at the end of the summer term. **The Programme is free for all maintained and academy schools in North Yorkshire & York**

Recent evaluation of the programme with schools showed:









- 98% of schools were either very satisfied or satisfied with the Healthy Schools Programme
- 99% of schools were either very satisfied or satisfied with the support provided by the Healthy Schools team
- Comments on the programme were largely positive. Schools said it was a great and enjoyable scheme, and they welcomed the support from the team. They liked to be able to review and improve current practice and achieve recognition for their work.

"We're really grateful to the team for making the award possible - it's nice to receive recognition for the difference we're making for our community"

"We enjoyed engaging with the programme - it helped us to look at the gaps in our approach to health and wellbeing and celebrate our achievements"

"The support from the team is great, full of information and happy to help"

We would like all North Yorkshire & York schools to engage in the programme and achieve the recognition for the good work schools are doing in relation to the themes for the award.

    	Active Lives	 Healthy Schools North Yorkshire Achieve one theme
	Emotional Health and Wellbeing	 Healthy Schools North Yorkshire Achieve two themes and staff wellbeing
	Food in Schools	 Healthy Schools North Yorkshire Achieve all four themes along with staff wellbeing
Personal, Social, Health, Education (PSHE)		
Staff Wellbeing (for Silver and Gold)		

More information about the Healthy Schools Award is available via the website <https://healthyschoolsnorthyorks.org/> and this is where new schools can register for the award.

We really recommend that schools attend some ‘Getting Started Training’ to enable a successful submission for a Healthy Schools award. This training is aimed at schools newly signed up to the programme or schools that have previously registered but need a re-fresh of how to achieve an award. Schools can get in touch at any time to ask for support at healthyschools@northyorks.gov.uk

Getting Started on the Healthy Schools Programme	
All training runs online	
Tuesday 10th October 2023 1:30-3pm	Course Code: SI-1023-T001
Wednesday 29th November 3:45-5pm	Course Code: SI-1123-T015
Monday 22nd January 2024 3:45pm -5pm	Course Code: SI-0124-T003
Thursday 13th June 2024 1:30 -3pm	Course Code: SI-0624-T023

Following the positive feedback about the **face-to- face Healthy Schools Network** we ran we are keen to provide more of these around the County so thank you to the following schools who are hosting an after- school network meeting for us.

After school Face to Face Healthy Schools Network meetings	
<ul style="list-style-type: none"> • The network will be facilitated by the North Yorkshire & York Healthy School co-ordinators (schools can be at any point towards achieving / have achieved a healthy schools award including just starting out) • Opportunity for schools to focus on the four themes of the North Yorkshire & York Healthy Schools Award to share good practice and discuss what support and further information is needed around health and wellbeing • Further network meetings will be organised for other areas of the County through the academic year <p style="text-align: center;">Free to all North Yorkshire & York schools but please do book on via NYES</p>	
Selby Area Barwic Parade Primary School, Petre Ave, Selby, YO8 8DJ	Tuesday 24th October 2023 4-5:30pm Course Code: SI-1023-T009
Northallerton Area Alverton Community Primary School Mount Rd, Northallerton, DL6 1RB	Thursday 9th November 2023 4-5:30pm Course Code: SI-1123-T026
Whitby Area Hawsker Cum Stainsacre Church of England Voluntary Controlled Primary School, Hawsker, Whitby, YO22 4LA	Wednesday 31 st January 2024 4-5:30pm Course Code: SI-0124-T004
Craven Area Glusburn Community Primary School, Colne Rd, Glusburn, Keighley, BD20 8PJ	Thursday 7 th March 2024 4-5:30pm Course Code: SI-0324-T029
Scarborough Area Lindhead School, Limestone Rd, Burniston, Scarborough YO13 0DG	Thursday 11 th April 2024 4-5:50pm Course Code: SI-0424-T003
Ripon Area St Wilfrid's Catholic Primary School, Church Ln, Ripon HG4 2ES	Wednesday 1st May 4-5:30pm Course Code: SI-0524-T005



Free training to support cooking with pupils with Phunky Foods in partnership with Healthy Schools

7th November 2023 1:30-4:30pm Course Code: SI-1023-T003

Bilton Area Methodist Church Hall 205 Skipton Rd, Harrogate HG1 3EX

A practical session to support primary schools to be able to deliver more cooking sessions with pupils with a focus on healthy eating messages. This session is free to attend and can be attended by any member of staff who can support pupils with practical cooking sessions.



Healthy Schools Pupil Event

Monday 27th November

East Barnby Outdoor Education Centre, East Barnby, Whitby, YO21 3SA

10am-2pm

Course Code: SI-1123-T014

Free for all North Yorkshire & York schools

Aimed at key stage 2 pupils, up to 10 pupils per school

Schools who have recently achieved an award will be presented with their certificate

Accessible for all schools wherever they are on their Healthy Schools Journey. Pupils will engage in four interactive workshops: Oral Health, Cooking / managing food waste, Mental Wellbeing and Forest schools.

To apply for any of the training please go to North Yorkshire Education Services (NYES) <http://www.nyestraining.co.uk/> If you are a school or educational setting your school will have been issued with a username and password, which will enable your school to log in and apply for training. If you have any questions or need help using the site call the NYES team on 01609 533 222 Or email nyes@northyorks.gov.uk

If you have any questions or would like to discuss any aspects please contact the Healthy Schools Team via email healthyschools@northyorks.gov.uk