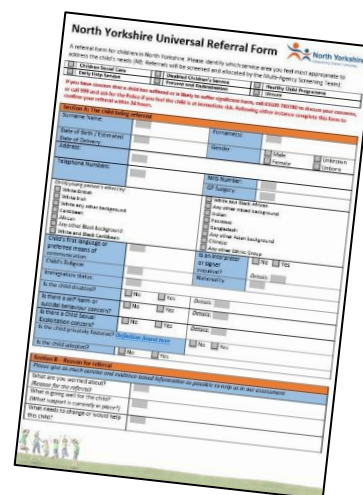
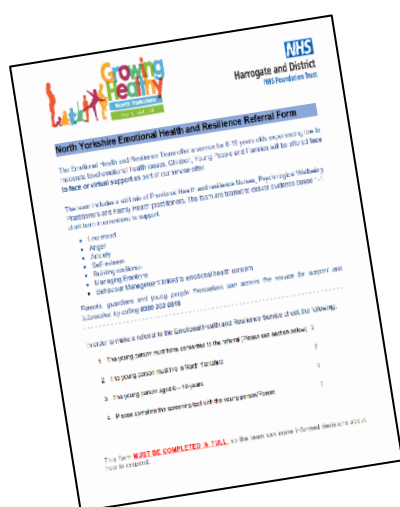


We are excited to share with you some key changes that are taking place about how you access support from the **5-19 Emotional Health and Resilience Team**.

As of **June 2023**, we will no longer be using the North Yorkshire Universal Referral form. This means we will no longer be able to use this to refer into the Emotional Health and Resilience Team.

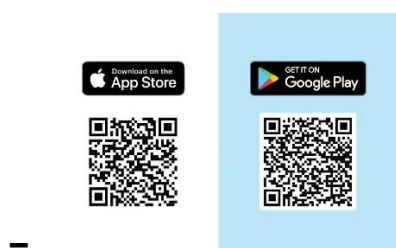


We have a new referral form that is specific to our service, which you can complete and send to us directly.

You will be able to access the referral form via the following sites:

The Go To [The Go-To - Emotional wellbeing and mental health \(thegoto.org.uk\)](https://thegoto.org.uk)

Growing Healthy App



HDFT Website [Emotional-Health-Resilience-Referral-Form-.pdf \(hdft.nhs.uk\)](https://hdft.nhs.uk/Emotional-Health-Resilience-Referral-Form-.pdf)

To contact a member of the 0-19 Healthy Child Team please use the single point of contact where you can reach us via **0300 3030916** should you wish to ask any questions about our service or discuss any potential referrals over the phone.