

Year 5/6 PSHE

Tuesday 14th October

Let's recognise healthy friendships.

Activity: 1.0. ✓

1.) Below are a number of statements. Please can you highlight the boundaries that you think are healthy in pink and the unhealthy boundaries in green.

Has the ability to say 'No'	Will accept 'No' from others
Doesn't take 'No' for an answer.	Changes values for other people
Doesn't feel comfortable with physical contact but allows friends to hug them anyway.	Accepts poor behaviour towards them from other people
Tells someone everything straight away	Rigid thinking - 'only sees black and white'
Follows decisions made by others.	Tells friends they're not comfortable with hugs and to stop.
Doesn't respect someone's personal space	Trusts their own beliefs and thoughts
Uses physical aggression to make others do what they want.	Respects others opinions without judgement

2.) Consider your own behaviour.
What positive and negative (if any) behaviours do you display? Discuss this with a trusted adult if you are concerned.

3.) What does a healthy friendship look like? Discuss with your group before writing a short paragraph about positive friendships.

A healthy friendship is where both of you respect each others opinions and don't judge them. They accept who you are even if you don't want to do something. They also shouldn't use physical actions like pushing or shoving or threaten you.

Can people become better friends? 10 10 → 10 10 10 ✓

Yes because they can improve their self values as a friend and ask you for your opinion on what they should wear you should improve.

Friday 27th January 2023

Let's understand the difference between prejudice and discrimination.

Jessica loves playing online games. With her parent's permission, she recently took part in a national competition where she played under the gamer name, Python85. Jessica performed really well and made it through to the semi-finals. At the award ceremony Jessica was able to meet the other competitors in person for the first time. 'No way!' one of her rivals exclaimed in surprise. 'Python85 is a girl! That can't be right. I bet someone helped her.'

Answer these questions in your book:

How do you think Jessica felt when she heard this?
Why do you think the competitor was surprised that Jessica was female?
Explain why the competitor's comments are wrong and hurtful.







I think Jessica would feel upset because she girls can't be good at games as well as boys.

I think they were surprised that because he thought that games weren't girls thing and girls can't be good at games.

The competitors comments were wrong and hurtful because girls can be good at games as well and by being sexist.

Why should we be careful towards people who have been activists against discriminatory behaviour e.g. The BLM campaign?

We should be thankful for the BLM because other black people might still be discriminated against.

Newspaper		Huge advertisements created with the help of computers. Their goal is to attract people passing by.
Billboards		Uses radio waves to transmit entertaining, informative, and educational content to the public. Due to its high reach to the audience, radio is widely used for advertising products and services. Radio is one of the oldest means of entertainment, and today people often hear it to find out the weather and traffic while commuting.
Radio		Printed and distributed on a daily or weekly basis. They include news related to sports, politics, technology, science, local news, national news, international news, birth notices, as well as entertainment news related to fashion, celebrities, and movies. Today's parents grew up with this type of printed media.
Television		In the 1950s, there were a few channels showing various types of content, whereas now we have hundreds of TV channels to choose from. Each channel delivers a different type of content, so you have a separate channel for news, drama, movies, sports, animation, nature, travel, politics, cartoon, and religion. It's the number one broadcasting media due to its reach to the audience.
or websites		A type of booklet that includes everything about one company - its products, services, terms and conditions, contact details, address, etc. They are either distributed with the newspapers or hand over to people.
Billboards		Including Facebook, Instagram, Twitter, YouTube, Tumblr, LinkedIn, Snapchat, Quora, Reddit, Pinterest, etc. They are user-friendly and widely used by people around the world. Although we can find any news here, they may be misleading because of the lack of regulations on the content shared.

18

18

Source

They are all similar because they all entertain people.

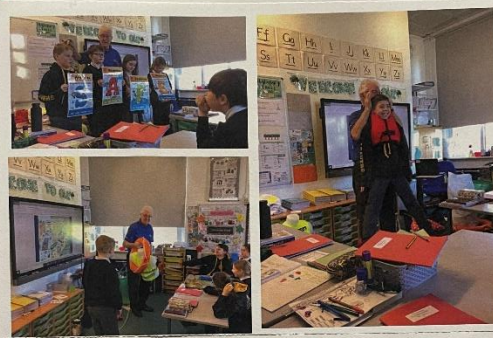
The main purposes for the media are to advertise, this is done through billboards you can advertise jobs and food.

News paper because it can write about it.

radios because it can advertise songs.

Friday 24th February 2025

Let's learn you about water safety



We had a visit from Geoff from Yorkshire water to talk about water safety. I learnt that SAFE means stay away from the edge, and never walk on frozen water because if you fall in then you might lose the hole that you came out of, if you do fall in a pond and it wasn't frozen, keep calm and don't put your nose or mouth in the water because you will block your air ways. If you don't keep calm then your lungs and heart will panic. If you see someone in the water tell them to stay relaxed and don't get your pulled in. If you are trying to help, I recommend lying on your belly when using a rope tie it to a tree.

Fantastic 2hr

Year 3/4 PSHE

Monday 28th November 2022

LO - I recognise the need for privacy and personal boundaries and what is appropriate to share with others.

Healthy and Unhealthy Boundaries

It is important to know our own boundaries in friendships, with others. Boundaries in our relationships are the limits that we put in place to show how we expect and are willing to be treated. They are also informed by how we behave towards others. These boundaries affect our health, safety and wellbeing.

Read the statements below, which show choices we can all make, and decide if they are true or false. Explain why.

I choose to not share too much personal information with people I don't know very well.
True because you might trust them. ✓

I choose to ignore rules that keep me safe because I feel under pressure from the people I am with.
True False because you need to be safe. ✓

I choose to say 'no' to people who are asking me to do things which are inappropriate or I do not want to do.
True because I could get told off and you always need to sensible. ✓




I choose to respect the personal space of others.
True because if you didn't respect personal space ✓

Thursday 3rd November 2022 Whole Class

LO: I know how to keep safe around fireworks, bonfires and sparklers. ✓

Part A: Risk assessment

Zack is planning how to celebrate Bonfire Night. Can you help him by analysing the risk in each scenario?

	What might the risks be? (Think about the risks related to fireworks, sparklers and bonfires.)	How likely is it to happen? (* = not very likely, ** = very likely)	How serious would the consequences be if it did happen? (* = not too serious, ** = very serious)
	fireworks burns because fireworks are hot.	*	****
A) Zack could go to a public fireworks display with his dad. The organisers will have first aid and safety training, and the public have to stand back.			
	burn hands and fingers sparkler too close to someone else sparkler too close to someone else	*	*
B) Zack could celebrate by using sparklers at home with his family. He would be sure to wear gloves.			
	touch cloths -> fire	*	*
C) Zack could ask his mum to build a bonfire for him and a group of his friends, and then tell her to leave them to it!			
	burnt - fire	**	**
	bonfire - Fall then spread	*	**
	bonfire - explod and hurt them set fire	*	***

Part B: Risk continuum

Can you order the scenarios A, B and C from least to most risky? Show your thinking by writing the letters onto the continuum below.

Tuesday 21st February

LO: I know families can be different

Mum + Dad = ❤️

Step Mum + Dad = ❤️

Grandma + Granddad = ❤️

Mum + Mum = ❤️

Dad + Dad = ❤️

Stepdad + Mum = ❤️

Stepmum + Stepdad = ❤️

❤️ + ❤️ = ❤️

Excellent Beautiful representation! ✓

Tuesday 24th January 2023

LO: I can talk about rules and laws and identify how they help us.

I think these are the most important rules we have in school

School rule	Why?
1. PP do not talk back to the teacher	It's not respectful.
2. PP do what the teacher says	So they can help you.
3. PP do not be a bully with anyone	Other people will think its a game and bully you.

What do you think is the most important school rule? Why?

listen to teachers.

Exit

Very responsible Autism ✓

Year 1/2 PSHE

12.1.23

Home

Year 1 - L.O. I know about examples of rules in different situations e.g. class rules, rules at home, rules outside.

Home	School	outside
No	Yes	No

Session 1 - Exit card

Circle the people who make the rules.

Year 1 Rules are: we are asked to follow instructions, roads, books. "they keep us safe."

Year 2 I am a responsible citizen if I don't follow the rules. True or false?

No running
No picking flowers

we have rules to keep us safe ✓

This #SaferInternetDay I want to talk about...



"I use it for playing games.
If I was scared I'd bring my tablet to my mum."


www.saferinternetday.org.uk #SaferInternetDay

17/1/23

Year 1 - I know that different people have different needs.

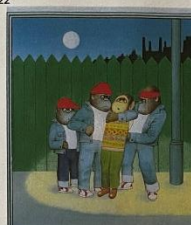
<p>baby Love</p> <p>cot</p> <p>milk</p> <p>bottle</p> <p>car seat</p> <p>nappies</p> <p>grow up</p> <p>dummy</p>	<p>Love child</p> <p>Water</p> <p>Good</p> <p>bed</p> <p>grow ups</p> <p>Seat belt</p>
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17/1/22 - E-Safety Computing



Do not go to clubs
Do not touch
Be safe safety

Willy the Wimp 14/11/22



When he was out walking, the suburban gorilla gang bullied him. "Oh, I'm sorry!" said Willy when they hit him. The suburban gorillas called him Willy the Wimp.

Year 1 - I know how kind and unkind behaviour can make people feel.
Year 2 - I know what bullying is and different types of bullying. I can say how someone may feel if they are being bullied. ✓

im sad ✓

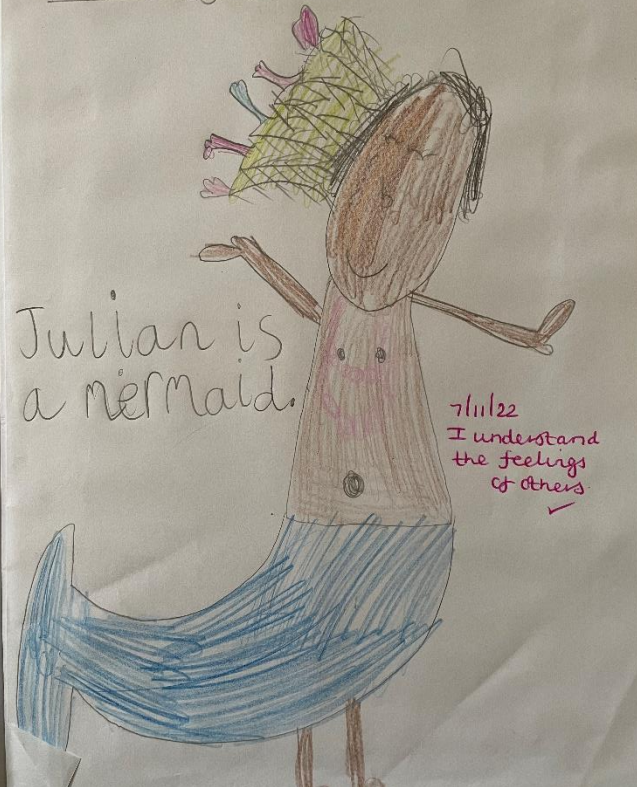
oh, i'm sorry! ✓

One way to be kind to others is to be kind to your friend. ✓

You can be anyone you want to be.

Julian is a mermaid.

7/1/22
I understand the feelings of others. ✓

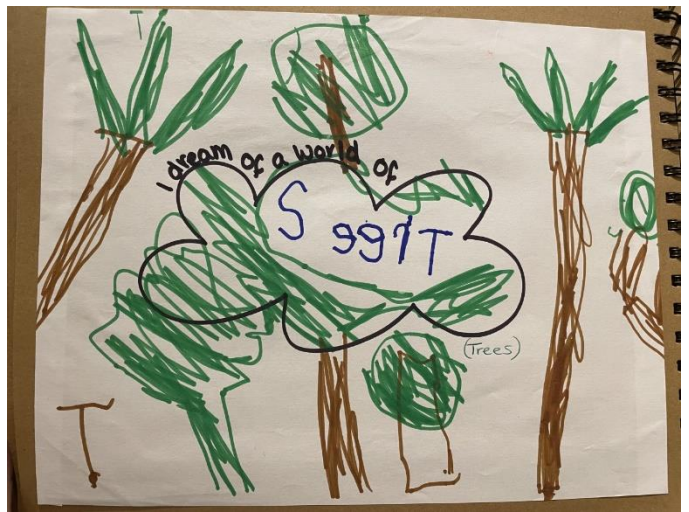


Reception PSHE

Loneliness

Can you think of any words that you can use to describe the feeling of loneliness?

This was challenging and I supported here, suggesting other alternatives to sad. It was great to hear children remembering and using the words later in the lesson.



This activity worked well in groups of 8, lots of great language and reasoning shown. It was interesting to see the show bags that were returned as they were not appropriate for.



