



North Yorkshire Healthy Early Years Award

North Yorkshire Healthy Early Years award is free for all providers in North Yorkshire due to funding from public health. The award covers the key themes of:

- Active Lives
- Healthy Food
- Personal, Social Education Development (PSED) and Emotional Health & Wellbeing
- Staff wellbeing

The award is aimed at all Early Years providers including: day nurseries, playgroups, pre-schools, childminders who work on their own or childminders with assistants.

Over 120 Early Year Providers have registered to take part in the award with many achieving an award. The award enables Early Years providers to share and achieve recognition for their effective practice in supporting a whole setting approach to health and wellbeing by working through the criteria for each of the key themes. Many providers inform us it is, *“great preparation and evidence gathering for Ofsted and showcases what we are doing well in relation to health and wellbeing”*

“We are so proud of our setting, we have worked hard as a team to achieve our Bronze, Silver and Gold awards for North Yorkshire Healthy Early Years.

Taking part gave us the opportunity to reflect on and develop our practice by embedding day to day routines and activities that support children’s wellbeing and mental health.

We also found the Staff Well-being unit very helpful as we work every day to support each other so that we are in the best place to care for children’s growth and development”

Nichole Banner
Managing Director at Kinder Place Ltd

To register your Early Years provider for the award please log onto the Healthy Early Years website at <http://healthyschoolsnorthyorks.org/> (click on the Early Years section of the website). There is lots of further information and resources available via the website but if you do want to get in touch please email us at healthyschool@northyorks.gov.uk with any further questions.

Training

The award is funded by public health so the training is free to all Early Years Settings in North Yorkshire. **We would highly recommend that a member of staff attends the, ‘Getting started on North Yorkshire Healthy Early Years Award’ training. The training provides a full overview of the award and provides examples from other providers to showcase their successful submissions.**

The training is running online on the following dates*:

| Date | Course Code |
|---|--------------|
| 1:30-2:30pm on Tuesday 25 th February 2025 | SI-0225-T011 |
| 6:30-7:30pm on Tuesday 25 th February 2025 | SI-0225-T012 |
| | |
| 1:30-2:30pm on Monday 16 th June 2025 | SI-0625-T013 |
| 6:30-7:30pm on Monday 16 th June 2025 | SI-0625-T014 |

*Only need to attend the training once but if a member of staff needs a refresh about the award they are most welcome to attend this training

To apply for any of the training please go to North Yorkshire Education Services (NYES) <http://www.nyestraining.co.uk/> If you have any questions or need help using the site call the NYES team on 01609 533 222 or email nyes@northyorks.gov.uk

The upcoming **Healthy Early Years Submission Dates** for an award are:

- 17th January 2025
- 25th April 2025

We are really looking forward to many more Early Years providers joining the North Yorkshire Healthy Early Years Programme and achieving an award

Any questions please do get in touch with the team at healthyschools@northyorks.gov.uk

Thanks

Clare Barrowman & Ruth Stacey Healthy Early Years Programme Managers